

## CURRICULUM VITAE

### JONATHAN S. ABRAMOWITZ, Ph.D.

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### PROFESSIONAL EXPERIENCE

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- 2006 – present      **University of North Carolina at Chapel Hill**  
Professor, Department of Psychology and Neuroscience (2009-present)  
Associate Chair of Psychology and Neuroscience (2007-2017)  
Director, Anxiety and Stress Disorders Clinic (2006-present)  
Research Professor, Department of Psychiatry (2009-present)  
Associate Professor, Department of Psychology (2006-2009)
- 2000-2006      **Mayo Clinic Rochester (MN) and Mayo College of Medicine**  
Associate Professor of Psychology (2004-2006)  
Assistant Professor of Psychology (2000-2004)  
Director, OCD/Anxiety Disorders Program (2000-2006)
- 1998-2000      **University of Pennsylvania Center for Treatment and Study of Anxiety**  
Instructor of Psychology  
Clinical Director, OCD Program

### EDUCATION

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- 1998-2000      **Postdoctoral Fellowship**  
NIMH Individual NRSA (Mentor, Edna Foa, PhD)
- 1998      **Ph.D. in Clinical Psychology** University of Memphis, Memphis, TN  
Predoctoral Internship at Eastern Pennsylvania Psychiatric Institute
- 1993      **M.A. in Psychology**  
Bucknell University, Lewisburg, PA
- 1991      **B.A. with Honors in Psychology**  
Muhlenberg College, Allentown, PA

## HONORS AND AWARDS

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- 2020 Association for Behavioral and Cognitive Therapies (ABCT) Spotlight on Mentor Award
- 2020 University of North Carolina at Chapel Hill Faculty Award for Excellence in Doctoral Mentoring
- 2013 Elected as President of the Association for Behavioral and Cognitive Therapies (ABCT) 2014-2015
- 2012 University of North Carolina—Chapel Hill Psychology Club Award for Outstanding Contribution to Mentoring Students in their Research
- 2011 Muhlenberg College Alumni Achievement Award in Social Science
- 2010 Elected to the Board of Directors of the Anxiety Disorders Association of America
- 2007 Appointed as Associate Editor of *Journal of Cognitive Psychotherapy*
- 2006 Appointed as Associate Editor of *Behaviour Research and Therapy*
- 2005 Elected as Representative-at-Large to Board of Directors of the Association for Behavioral and Cognitive Therapies
- 2004 David Shakow Early Career Award for Outstanding Contributions to the Science and Practice of Clinical Psychology
- 2003 Outstanding Contributions to Research Award, Mayo Clinic, Department of Psychiatry and Psychology
- 2003 Excellence through Teamwork Award, Mayo Clinic
- 1998 Individual National Research Service Award, National Institute of Mental Health
- 1991 Carol C. Hutchinson Award for Outstanding Senior in Psychology, Department of Psychology, Muhlenberg College
- 1990 Psi Chi National Psychology Honors Society, Muhlenberg College

## EDITORIAL WORK

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### EDITORIAL POSITIONS

- 2011-2020 **Editor in Chief**, *Journal of Obsessive-Compulsive and Related Disorders*
- 2006-2015 **Associate Editor**, *Behaviour Research and Therapy*
- 2007-2011 **Associate Editor**, *Journal of Cognitive Psychotherapy*

### JOURNAL EDITORIAL BOARDS

- 2020-present *Journal of Obsessive-Compulsive and Related Disorders*
- 2011-present *Clinical Case Studies*
- 2010-present *Cognitive Behavior Therapy*
- 2007-present *International Journal of Cognitive Therapy*
- 2005-present *Journal of Anxiety Disorders*
- 2006-2013 *Behavior Therapy*
- 2004-2012 *Journal of Psychopathology and Behavioral Assessment*

**GRANT REVIEWING**

National Institute of Mental Health, (Chair, ZMH1-ERB-P03, Interventions Conflicts)  
Ontario Mental Health Association  
Israeli Science Foundation  
Society for the Science of Clinical Psychology  
International Obsessive Compulsive Disorder Foundation

**MANUSCRIPT REVIEWING**

<i>Acta Psychiatrica Scandinavica</i>	<i>Clinical Psychology and Psychotherapy</i>
<i>American Journal of Psychiatry</i>	<i>Cognitive Therapy and Research</i>
American Psychiatric Publishing, Inc.	The Guilford Press
American Psychological Association Press	<i>Journal of Abnormal Psychology</i>
<i>Anxiety and Depression</i>	<i>Journal of Anxiety Disorders</i>
<i>Anxiety, Stress and Coping</i>	<i>Journal of Consulting and Clinical Psychology</i>
<i>Archives of General Psychiatry</i>	<i>Journal of Psychopathology and Behavioral Assessment</i>
<i>Archives of Women's Mental Health</i>	<i>Journal of Social and Clinical Psychology</i>
<i>Autonomic Neuroscience</i>	<i>Mayo Clinic Proceedings</i>
<i>Behavior Therapy</i>	New Harbinger Press
<i>Behavioral and Brain Functions</i>	<i>Personality and Individual Differences</i>
<i>Behaviour Research and Therapy</i>	<i>Psychiatry Research</i>
<i>Clinical Psychology Review</i>	<i>Psychological Assessment</i>
<i>Clinical Psychology: Science and Practice</i>	<i>Psychological Medicine</i>
<i>Cognition and Emotion</i>	<i>Progress in Neuropsychopharmacology</i>
<i>Cognitive and Behavioral Practice</i>	<i>Revista Brasileira de Psiquiatria</i>

**EXTERNAL REVIEWER FOR TENURE AND PROMOTION**

University of Illinois at Chicago  
Baylor College of Medicine  
University of British Columbia, Vancouver  
Ohio University  
Vanderbilt University  
American University

## PROFESSIONAL SERVICE

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### SERVICE TO REGIONAL, NATIONAL, AND INTERNATIONAL ORGANIZATIONS

#### Association for Behavioral and Cognitive Therapies (ABCT)

- 2014-2016 President and Immediate Past President
- 2013-2014 President Elect
- 2008-2011 Self-Help Book Award Committee Chair
- 2005-2008 Representative at Large to the Board of Directors
- 2004-2005 Master Clinician Seminar Committee Chair

#### Anxiety and Depression Association of America (ADAA)

- 2010-2012 Board of Directors
- 2004-2010 Annual Conference Committee
- 2003-2010 Clinical Advisory Board
- 2003-2004 Anxiety Disorders in Primary Care Working Group

#### International Obsessive-Compulsive Disorder Foundation (IOCDF)

- 2001-present Scientific and Clinical Advisory Board
- 2006-present Research Grant Review Committee
- 2009-present Speakers Bureau
- 2014-present Training Committee

#### American Psychiatric Association

- 1998-2000 Anxiety Disorders Work Group for *DSM-IV-Text Revision*

#### North Carolina Psychological Association (NCPA)

- 2006-2008 Scientific, Academic, and Student Affairs Committee

### SERVICE TO INSTITUTIONAL AND DEPARTMENTAL UNITS AND COMMITTEES

#### University of North Carolina at Chapel Hill

- 2007-2017 Associate Chair of Psychology and Neuroscience
- 2007-2017 Chair, Space Committee; Psychology and Neuroscience
- 2007-2017 Chair, Awards Nomination Committee; Psychology and Neuroscience
- 2007-2017 Chair, Post-Tenure Review Committee; Psychology and Neuroscience
- 2007-2017 Chair, Website Committee; Psychology and Neuroscience
- 2007-2017 Stephenson Award Committee; Psychology and Neuroscience

- 2020-present Howell Hall Users Committee; Psychology and Neuroscience
- 2020-present Department Undergraduate Education Committee; Psychology and Neuroscience
- 2020-present Co-Chair of the Teaching Subcommittee of the Diversity and Equity Leadership Core; Department of Psychology and Neuroscience
- 2020-Present UNC-Chapel Hill Tanner Graduate Teaching Award Committee

#### **University of Pennsylvania School of Medicine**

- 1999-2000 Biomedical IRB member

#### **Mayo Clinic Department of Psychiatry and Psychology**

- 2003-2006 Departmental Research Committee
- 2002-2004 Continuous Quality Management Committee
- 2000-2002 Patient Education Work Group

### **PROFESSIONAL AFFILIATIONS**

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- American Psychological Association: Div.12, Society of Clinical Psychology
- Association for Behavioral and Cognitive Therapies (formerly AABT)
- North Carolina Psychological Association
- International Obsessive Compulsive Disorder Foundation (Scientific Advisory Board, Speaker's Bureau)

### **BOARD CERTIFICATION AND PROFESSIONAL LICENSURE**

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- Diplomate in Behavioral Psychology, American Board of Professional Psychology (ABPP) (#5804)
- State of North Carolina Licensed Psychologist (#3257)
- Certified Health Services Provider Psychologist (HSPP) in North Carolina
- State of Pennsylvania, Licensed Psychologist (PS-009018-L), Inactive Status
- State of Minnesota, Licensed Psychologist (LP4273), Inactive Status

### **CLINICAL PRACTICE INTERESTS**

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- Treatment of obsessive compulsive disorder (OCD)
- Cognitive behavioral treatment of anxiety disorders (panic, social phobia, GAD)
- Health anxiety

### **RESEARCH INTERESTS**

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- Prevention and treatment of OCD, anxiety disorders, and health anxiety
- Cognitive-behavioral phenomena in OCD and other anxiety disorders
- Postpartum OCD and anxiety

## RESEARCH GRANT SUPPORT

- 1998-2000      **National Institute of Mental Health** (Individual NRSA; F32-MH12101)  
*Spacing of Sessions in the Behavioral Treatment of Obsessive-Compulsive Disorder*  
The aim of this study was to compare twice-weekly and daily schedules of cognitive-behavior therapy in the treatment of OCD.  
**Role:** PI (Mentor: Edna Foa, Ph.D.)
- 1998-2000      **National Institute of Mental Health** (R01-MH49340)  
*Fluoxetine and Cognitive Behavior Therapy in Social Phobia*  
The aim of this study was to compare the efficacy of fluoxetine, cognitive-behavior therapy, and their combination for patients with social phobia.  
**Role:** Independent Evaluator (PIs: Edna Foa, Ph.D. & Jon Davison, M.D.)
- 1999-2000      **National Institute of Mental Health** (R01-MH55126)  
*Treatment of Pediatric OCD*  
The aim of this project was to compare the efficacy of fluvoxamine, cognitive-behavior therapy, and their combination for pediatric OCD.  
**Role:** Independent Evaluator (PIs: Edna Foa, Ph.D. & John March, M.D.)
- 2002              **Mayo Clinic and Mayo Foundation**  
*Prevalence of Postpartum Obsessional Symptoms in a Community Sample: A Pilot Study*  
The goal of this study was to study the occurrence of unwanted intrusive thoughts (“obsessions”) in mothers of newborns and their partners.  
**Role:** PI
- 2002-2003      **Obsessive-Compulsive Foundation**  
*Cytochrome p450 2D6 Polymorphisms/Duplications and Serotonin Uptake Inhibitor Response in OCD*  
The aim of this study was to examine the value of p450 2D6 enzyme status in predicting response to serotonin reuptake inhibitor medication in OCD.  
**Role:** Co-Investigator and faculty mentor for S. Schwartz (PIs: Stefanie Schwartz, Ph.D. & John Black, M.D.)
- 2002-2003      **Obsessive-Compulsive Foundation**  
*Cognitive-Behavior Therapy for OCD and Comorbid Depression*  
The aim of this project was to develop and pilot test a comprehensive psychological treatment for OCD patients with comorbid major depression.  
**Role:** PI

- 2002-2004      **Obsessive-Compulsive Foundation**  
*The Effects of Cognitive Behavioral Treatment on Neurochemical Compounds in Patients with OCD: Evaluation of Proton Magnetic Resonance Spectroscopy.*  
The aim of this study was to use magnetic resonance spectroscopy to examine the effects of cognitive-behavioral therapy on select neurochemical variables in patients with OCD.  
**Role:** Co-Investigator and faculty mentor for S. Whiteside (PIs: Stephen Whiteside, Ph.D., & John Port, M.D.)
- 2002-2005      **Forest Pharmaceuticals**  
*Escitalopram in the Treatment of Hypochondriasis (Health Anxiety)*  
The aim of this study was to investigate the effects of escitalopram for hypochondriasis.  
**Role:** PI
- 2003-2005      **Mayo Clinic and Mayo Foundation**  
*Thoughts and Experiences of New Parents*  
The aim of this project was to examine the course and predictors of intrusive unwanted thoughts (“normal obsessions”) in first time parents of newborns.  
**Role:** PI
- 2004-2006      **Obsessive Compulsive Foundation**  
*Neurochemical Effects of Cognitive Behavioral Treatment in Pediatric OCD*  
The goal of this study is to use magnetic resonance spectroscopy to examine changes in neurochemical variables following effective treatment for pediatric OCD.  
**Role:** Co-investigator (PI, Stephen Whiteside, Ph.D.)
- 2005-2006      **Mayo Clinic and Mayo Foundation**  
*Hyperhidrosis and Social Anxiety*  
The goal of this study is to examine the relationships between hyperhidrosis (excessive sweating) and the symptoms and cognitive variables associated with social anxiety.  
**Role:** Co-investigator and faculty mentor for the PI (Autumn Braddock, Ph.D.)
- 2005-2006      **Mayo Clinic and Mayo Foundation**  
*Treatment of Social Phobia with Minimal Therapist Contact*  
The aim of this project is to examine the effects of a self-help program with minimal therapist contact for adults with social phobia.  
**Role:** Co-investigator and faculty mentor for the PI (Elizabeth Moore, Ph.D.)

- 2007-2010      **Obsessive Compulsive Foundation**  
*Enhancing Cognitive-Behavioral Therapy for OCD: A Couple-Based Approach*  
The aim of this project is to develop a cognitive-behavioral treatment program for OCD that includes the affected patient and his or her partner  
**Role:** PI
- 2007-2010      **Obsessive Compulsive Foundation**  
*A Prevention Program for Postpartum Obsessive-Compulsive Symptoms*  
The aim of this study is to develop and prospectively evaluate a program designed to help identify expecting mothers at increased risk for developing OCD in the postpartum, and prevent the onset or exacerbation of these symptoms.  
**Role:** co-investigator (PI: Kiara Cromer, MA)
- 2008-2010      **National Institute of Mental Health (1R43MH082474-01A1)**  
*Online Training in the Principles and Procedures of Exposure Therapies*  
The aim of this research is to develop and evaluate methods for educating practitioners about exposure-based therapy for anxiety disorders.  
**Role:** Consultant (PIs: Linda Dimeff, PhD and Melanie Harned, PhD)
- 2009-2010      **March of Dimes of North Carolina**  
*Piloting a Prevention Program for Perinatal Anxiety Disorders*  
The aim of this project is to develop and prospectively evaluate a program designed to prevent the onset or exacerbation of these symptoms.  
**Role:** PI (co-investigator: Brittain Mahaffey, B.A.)
- 2009-2011      **National Institute of Mental Health (2R44MH082474-02)**  
*Online Training in the Principles and Procedures of Exposure Therapies*  
The aim of this research is to continue to develop and evaluate methods for educating practitioners about exposure-based therapy for anxiety disorders.  
**Role:** Consultant (PIs: Linda Dimeff, PhD and Melanie Harned, PhD)
- 2010-2012      **Obsessive Compulsive Foundation**  
*Affective Responses and Information-Processing in Compulsive Hoarding: A Psychophysiological Investigation*  
The aim of this study is to examine affective valence startle modulation as a measure of psychophysiology to help elucidate the nature and proper classification of compulsive hoarding problems.  
**Role:** co-investigator (PI: Michael G. Wheaton, MA)

- 2011-2017      **Obsessive Compulsive Foundation**  
*Combining Acceptance and Commitment Therapy with Exposure and Response Prevention to Enhance Treatment Engagement in OCD*  
The aim of this study is to examine whether adding ACT techniques to traditional exposure therapy for OCD enhances treatment adherence with exposure procedures.  
**Role:** co-investigator (PI: Michael Twohig, PhD)
- 2013-2016      **National Institute of Mental Health (R34)**  
*Expanding Access to CBT for Childhood Anxiety Disorders via Smart Phones*  
The aim of this study is to develop and test the efficacy of a smart phone app based on CBT in the treatment of pediatric anxiety disorders  
**Role:** Consultant (PI: Stephen P. Whiteside, PhD)
- 2015-2019      **Research Council of Norway**  
*New Treatment Strategies for Difficult to Treat Anxiety Patients: A randomized Placebo Controlled Multi-center Study*  
The aim of this project is to examine the efficacy of adding d-cycloserine to concentrated exposure based treatment for anxiety disorders.  
**Role:** Investigator (PI: Gerd Kvale, PhD)
- 2018-2019      **Obsessive Compulsive Foundation**  
*Obsessive-Compulsive Symptoms in African American Young Adults: The Roles of Racial Discrimination and Racial Identity*  
The aim of this study is to examine the longitudinal relationship between racial discrimination, racial identity, intrusive thoughts, cognitive distortions, and obsessive-compulsive symptoms in African Americans.  
**Role:** co-investigator (PI: Henry Willis, MA)
- 2019-2024      **National Institute of Mental Health (R01 MH118249)**  
*Predictors and Course of Postpartum Obsessions and Compulsions*  
The aim of this multi-site study is to examine the course, trajectory, and biological and psychological predictors of postpartum OCD symptoms. The study follows women from their second trimester of pregnancy through 6 months postpartum.  
**Role:** PI

## DIGITAL TECHNOLOGY

Whiteside, S. P. & **Abramowitz, J. S.** (2012). *Anxiety Coach*. App for iPhone, iPod Touch, and iPad.  
<http://itunes.apple.com/us/app/anxietycoach/id565943257?mt=8>.

## BOOKS

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### AUTHORED VOLUMES

1. **Abramowitz, J. S.** (2006). *Understanding and treating obsessive-compulsive disorder: A cognitive-behavioral approach*. Mahwah, NJ: Lawrence Erlbaum Associates, Inc.
2. **Abramowitz, J. S.** (2006). *Obsessive-compulsive disorder: Advances in psychotherapy—evidence based practice*. Cambridge, MA: Hogrefe & Huber.
3. **Abramowitz, J. S.** (2007). *Trastorno obsessivo-compulsivo: Avances en psicoterapia—practica basada en evidencia*. Cambridge, MA: Hogrefe & Huber.
4. **Abramowitz, J. S.** (2010). *Disturbo obsessivo-compulsivo: Sviluppi in Psicoterapia—Trattamenti evidence-based*. Giuntio.s. Organizzazioni Speciali.
5. **Abramowitz, J. S.** & Braddock, A. E. (2008). *Psychological treatment of hypochondriasis and health anxiety: A biopsychosocial approach*. Cambridge, MA: Hogrefe & Huber.
6. **Abramowitz, J. S.** (2009). *Getting over OCD: A 10-step workbook for taking back your life*. New York: Guilford Press.
7. **Abramowitz, J. S.** & Braddock, A. E. (2010). *Hypochondriasis and health anxiety Advances in psychotherapy—evidence based practice*. Cambridge, MA: Hogrefe & Huber.
8. **Abramowitz, J. S.**, Deacon, B. J. & Whiteside, S. P. (2011). *Exposure therapy for anxiety: Principles and practice*. New York: Guilford Press.
9. **Abramowitz, J. S.** (2012). *The stress less workbook: Simple strategies to relieve pressure, manage commitments, and minimize conflicts*. New York: Guilford Press.
10. **Abramowitz, J. S.** & Jacoby, R. J. (2015). *Obsessive-compulsive disorder in adults: Advances in Psychotherapy—Evidence-based practice*. Boston: Hogrefe Publishing.
11. **Abramowitz, J. S.** (2018). *Getting over OCD: A 10-step workbook for taking back your life (2<sup>nd</sup> edition)*. New York: Guilford Press.
12. **Abramowitz, J. S.**, Deacon, B. J. & Whiteside, S. P. (2019). *Exposure therapy for anxiety: Principles and practice (2<sup>nd</sup> ed)*. New York: Guilford Press.
13. **Abramowitz, J. S.** (2021). *The family guide to getting over OCD: Reclaim your life and help your loved one*. New York: Guilford Press.

## EDITED VOLUMES

14. **Abramowitz, J. S.** & Houts, A. C. (Eds.) (2005). *Concepts and controversies in obsessive-compulsive disorder*. New York, NY: Springer.
15. **Abramowitz, J. S.**, Taylor, S., & McKay, D. (Eds.) (2008). *Obsessive-compulsive disorder: Subtypes and spectrum conditions*. Amsterdam: Elsevier.
16. **Abramowitz, J. S.**, Taylor, S., & McKay, D. (Eds.) (2008). *Clinical handbook of obsessive-compulsive disorder and related problems*. Baltimore, MD: The Johns Hopkins University Press
17. McKay, D., **Abramowitz, J. S.**, Taylor, S., & Asmundson, G. (Eds.) (2009) *Current perspectives on the anxiety disorders: Implications for DSM-V and beyond*. Mahwah, NJ: Lawrence Erlbaum Associates.
18. McKay, D., **Abramowitz, J. S.**, & Taylor, S. (Eds.) (2009) *Cognitive-Behavioral therapy for refractory cases: Turning failure into success*. Washington, DC: American Psychological Association.
19. McKay, D., **Abramowitz, J. S.** & Storch, E. A., (2017). *Syndromes and treatments for psychological problems*. New York: Wiley.
20. **Abramowitz, J. S.**, McKay, D., & Storch, E. A. (2017). *Wiley handbook of obsessive-compulsive related disorders (Volume 1)*. New York: Wiley.
21. Storch, E. A., **Abramowitz, J. S.**, & McKay, D., (2017). *Wiley handbook of obsessive-compulsive related disorders (Volume 2)*. New York: Wiley.
22. **Abramowitz, J. S.**, & Blakey, S. M. (2020). *Clinical handbook of fear and anxiety: Maintenance processes and treatment mechanisms*. Washington DC: American Psychological Association.
23. Storch, E. A., McKay, D., & **Abramowitz, J. S.** (2020). *Advanced casebook of obsessive-compulsive and related disorder*. London: Academic Press/Elsevier.

## PEER REVIEWED JOURNAL ARTICLES

\*Denotes that the first author was a student/supervisee/fellow.

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### 1994

1. Wade, T.J., Witham, K., & **Abramowitz, J.S.** (1994). Sex differences in trait hostility at levels above and below the mean. *Personality and Individual Differences, 17*, 79-86. doi:10.1016/0191-8869(94)90264-X

### 1996

2. **Abramowitz, J.S.** (1996). Variants of exposure and response prevention in the treatment of obsessive-compulsive disorder: A meta-analysis. *Behavior Therapy, 27*, 583-600. doi:10.1016/S0005-7894(96)80045-1

### 1997

3. **Abramowitz, J.S.** (1997). Effectiveness of psychological and pharmacological treatments for obsessive-compulsive disorder: A quantitative review of the controlled treatment literature. *Journal of Consulting and Clinical Psychology, 65*, 44-52. doi:10.1037/0022-006X.65.1.44

### 1998

4. **Abramowitz, J.S.**, & Foa, E.B. (1998). Worries and obsessions in individuals with obsessive-compulsive disorder with and without generalized anxiety disorder. *Behaviour Research and Therapy, 36*, 695-700. doi:10.1016/S0005-7967(98)00058-8
5. **Abramowitz, J.S.** (1998). Does cognitive-behavioral therapy cure obsessive-compulsive disorder? A meta-analytic evaluation of clinical significance. *Behavior Therapy, 29*, 339-355. doi:10.1016/S0005-7894(98)80012-9

### 1999

6. Foa, E.B., **Abramowitz, J.S.**, Franklin, M.E., & Kozak, M.J. (1999). Feared consequences, fixity of belief, and treatment outcome in patients with obsessive-compulsive disorder. *Behavior Therapy, 30*, 717-724. doi:10.1016/S0005-7894(99)80035-5
7. **Abramowitz, J.S.** (1999). Habituation, overvalued ideation and treatment outcome of obsessive-compulsive disorder. *Psicoterapia Cognitiva e Comportamentale, 5*, 223-231.
8. **Abramowitz, J.S.**, Brigidi, B.D., & Foa, E.B. (1999). Health concerns in patients with obsessive-compulsive disorder. *Journal of Anxiety Disorders, 13*, 529-539. doi:10.1016/S0887-6185(99)00022-5

## 2000

9. **Abramowitz, J. S.** & Foa, E. B. (2000). Does comorbid major depressive disorder influence outcome of exposure and response prevention for OCD? *Behavior Therapy*, *31*, 795-800. doi:10.1016/S0005-7894(00)80045-3
10. **Abramowitz, J.S.**, Franklin, M.E., Kozak, M.J., Street, G.P., & Foa, E.B. (2000). The effects of pretreatment depression on cognitive-behavioral treatment outcome in OCD clinic patients. *Behavior Therapy*, *31*, 517-528. doi:10.1016/S0005-7894(00)80028-3
11. Franklin, M.E., **Abramowitz, J.S.**, Kozak, M.J., Levine, J., & Foa, E.B. (2000). Effectiveness of exposure and ritual prevention for obsessive-compulsive disorder: A comparison of randomized and clinic patients. *Journal of Consulting and Clinical Psychology*, *68*, 594-602. doi:10.1037/0022-006X.68.4.594

## 2001

12. **Abramowitz, J.S.** (2001). Treatment of scrupulous obsessions and compulsions using exposure and ritual prevention: A case report. *Cognitive and Behavioral Practice*, *8*, 79-85. doi:10.1016/S1077-7229(01)80046-8
13. **Abramowitz, J.S.**, Brigidi, B.D., & Roche, K. (2001). Cognitive-behavioral treatment of obsessive-compulsive disorder: A review of the treatment literature. *Research in Social Work Practice*, *11*, 357-372. doi:10.1177/104973150101100305
14. **Abramowitz, J.S.**, Tolin, D.F., & Street, G.P. (2001) Paradoxical effects of thought suppression: A meta-analysis of controlled studies. *Clinical Psychology Review*, *21*, 683-703. doi:10.1016/S0272-7358(00)00057-X
15. Tolin, D.F., **Abramowitz, J.S.**, Kozak, M.J., & Foa, E.B. (2001). Fixity of belief, perceptual aberration, and magical ideation in obsessive-compulsive disorder patients. *Journal of Anxiety Disorders*, *15*, 501-510. doi:10.1016/S0887-6185(01)00078-0
16. Tolin, D. F., **Abramowitz, J. S.**, Brigidi, B. D., Amir, N., Street, G. P., & Foa, E. B. (2001). Memory and memory confidence in obsessive-compulsive disorder. *Behaviour Research and Therapy*, *39*, 913-927. doi:10.1016/S0005-7967(00)00064-4
17. Franklin, M. E., Feeny, N. C., **Abramowitz, J. S.**, Zoellner, L. A., & Bux, D. A. (2001). Comprehensive Cognitive Behavior Therapy: A multi-component treatment for generalized social phobia. *Psicoterapia Cognitiva e Comportamentale*, *7*, 211-220.
18. **Abramowitz, J. S.**, & Kalsy, S. A. (2001). Recent developments in the cognitive-behavioral treatment of obsessive-compulsive disorder. *Behavior Analyst Today*, *2*, 141-145.
19. **Abramowitz, J. S.**, Moore, K. M., Carmin, C., Wiegartz, P., & Purdon, C. (2001). Acute onset of obsessive-compulsive disorder in males following childbirth. *Psychosomatics*, *42*, 429-231. doi:10.1176/appi.psy.42.5.429

## 2002

20. **Abramowitz, J. S.** (2002). Treatment of obsessive thoughts and cognitive rituals using exposure and response prevention. *Clinical Case Studies, 1*, 6-24. doi:10.1177/1534650102001001002
21. Franklin, M. E., **Abramowitz, J. S.**, Bux, D. A., Zoellner, L. A., & Feeny, N. C. (2002). Cognitive-behavioral therapy with and without medication in the treatment of obsessive-compulsive disorder. *Professional psychology Research and Practice, 33*, 162-168. doi:10.1037/0735-7028.33.2.162
22. **Abramowitz, J. S.** & Zoellner, L. A. (2002). Cognitive-behavior therapy as adjunct to medication in the treatment of OCD with mental rituals: A pilot study. *Romanian Journal of Cognitive Behavioral Therapy, vol2, No. 1*, 11-22.
23. **Abramowitz, J. S.**, Huppert, J. D., Cohen, A. B., Tolin, D. F., & Cahill, S. P. (2002). Religious obsessions and compulsions in a non-clinical sample: The Penn Inventory of Scrupulosity (PIOS). *Behaviour Research and Therapy, 40*, 825-838. doi:10.1016/S0005-7967(01)00070-5
24. **Abramowitz, J. S.**, Franklin, M. E., Zoellner, L. A., & DiBernardo, C. L. (2002). Treatment compliance and outcome of cognitive-behavioral therapy for obsessive-compulsive disorder. *Behavior Modification, 26*, 447-463. doi:10.1177/0145445502026004001
25. Tolin, D. F., **Abramowitz, J. S.**, Przeworski, A., & Foa, E. B. (2002). Thought suppression in obsessive-compulsive disorder. *Behaviour Research and Therapy, 40*, 1251-1270. doi:10.1016/S0005-7967(01)00095-X
26. Tolin, D. F., **Abramowitz, J. S.**, Hamlin, C., Foa, E. B., & Synodi, D. S. (2002). Attributions of thought suppression failure in obsessive-compulsive disorder. *Cognitive Therapy and Research, 26*, 505-517. doi:10.1023/A:1016559117950
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## LETTERS AND REVIEWS

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11. **Abramowitz, J. S.**, Taylor, S., McKay, D., & Deacon., B. J. (2011). Animal models of OCD. *Biological Psychiatry, 69*, e29-e30. doi:10.1016/j.biopsych.2010.10.034.
12. **Abramowitz, J. S.** (2011). Obsessive-compulsive disorder: Lump it? Split it? Or keep it as is? A Review of E. Hollander, J. Zohar, P. J. Sirovatka, & D. A. Regier (eds.). *Obsessive-compulsive spectrum disorders: Refining the research criteria for DSM-V. PsycCRITIQUES, 56*, Article 1.
13. Marks, D. M. **Abramowitz, J. S.**, & Speilmans, G. I. (2012). Concerns about data reporting and interpretation in "Efficacy and tolerability of the novel triple reuptake inhibitor amitifadine in the treatment of patients with major depressive disorder: a randomized, double-blind, placebo-controlled trial" *Journal of Psychiatric Research, 46*, 692-693. Doi: 10.1016/j.jpsychires.2012.02.002.
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15. Abramovitch, A., **Abramowitz, J. S.** (2014). The improbability of response inhibition as a causal etiological factor in obsessive-compulsive disorder. *Psychiatry Research, 217*, 253-254.
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T., Williams, L., **Abramowitz, J. S.**, Stewart, S. E., Fitzgerald, K., & Goodman, W. K. (2020). Little doubt that CBT works for pediatric OCD. *Journal of the American Academy of Child & Adolescent Psychiatry*, 57, 785-787.

18. Frohlich, F., Riddle, J., & **Abramowitz, J. S.** (2021). *Transcranial alternating current stimulation for the treatment of obsessive-compulsive disorder?* Manuscript submitted for publication.

## RESEARCH CONFERENCE PRESENTATIONS

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### 1995

1. **Abramowitz, J.S.**, & Houts, A.C. (1995, November). *Psychological and pharmacological treatments for obsessive-compulsive disorder: A quantitative review*. Paper presented at the 29<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Washington, DC.

### 1996

2. **Abramowitz, J.S.**, & Houts, A.C. (1996, November). *Variants of exposure and response prevention in the treatment of obsessive-compulsive disorder: A meta-analysis*. Poster presented at the 30<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New York City, NY.

### 1997

3. **Abramowitz, J.S.**, Fortner, B.V., Anderson, A.S. & Houts, A.C. (1997, November). *Exposure therapy for the treatment of anxiety disorders: A meta-analysis of behavioral, subjective, and physiological responses to treatment*. Poster presented at the 31<sup>st</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Miami Beach, Florida.

### 1998

4. Franklin, M.E., **Abramowitz, J.S.**, Kozak, M.J., Levine, J., & Foa, E.B. (1998, November). *Exposure and ritual prevention for obsessive-compulsive disorder: A comparison of efficacy in randomized and clinic patients*. Poster presented at the 32<sup>nd</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Washington, DC.
5. Tolin, D.F., **Abramowitz, J.S.**, Brigidi, B.D., Amir, N., & Foa, E.B. (1998, July). *Memory for threatening and non-threatening objects in obsessive-compulsive disorder*. In N. Amir (chair), Information-processing bias in obsessive-compulsive disorder. Symposium presented at the meeting of the World Congress of Behavioural and Cognitive Therapies, Acapulco, Mexico.

### 1999

6. Tolin, D.F., **Abramowitz, J.S.**, Kozak, M.J., & Foa, E.B. (1999, November). *Fixity of belief, perceptual aberration, and magical ideation in OCD patients*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.

7. **Abramowitz, J. S.**, Tolin, D. F., Przeworski, A., Street, G. P., & Foa, E.B. (1999, November). *The paradoxical effects of thought suppression: A meta-analysis*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
8. Alvarez, J., **Abramowitz, J.S.**, Franklin, M.E., Street, G.P., Kozak, M.J., & Foa, E.B. (1999 November). *Effects of pre-treatment depression on outcome of treatment for OCD*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
9. **Abramowitz, J. S.**, Franklin, M. E., Sacks, M., O'Neill, M., Kozak, M. J., & Foa, E. B. (1999, November). *Disastrous consequences, fixity of belief, and behavior therapy for OCD*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
10. Franklin, M.E., **Abramowitz, J.S.**, Alvarez, J., Bux, D.A., Kozak, M.J., & Foa, E.B. (1999, November) *Does pharmacotherapy enhance the effectiveness of behavior therapy for OCD?* Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
11. Tolin, D.F., Brigidi, B.D., **Abramowitz, J.S.**, Amir, N., Street, G.P., & Foa, E.B. (1999, November). *Memory and confidence biases in OCD*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
12. Foa, E.B., Franklin, M.E., & **Abramowitz, J.S.** (1999, July). *Treatment of obsessive-compulsive disorder: Recent research findings and clinical recommendations*. Lecture presented at the 6<sup>th</sup> Annual Meeting of the Obsessive-Compulsive Foundation, Arlington, VA.

## 2000

13. **Abramowitz, J. S.**, Dorfman, N., DiBernardo, C. L., & Foa, E. B. (2000, November). *The role of cognitive-behavior therapy in altering thought control strategies in generalized social phobia*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans
14. Bux, Jr., D. A., O'Neill, M, L., Keefe, F., Franklin, M. E., Davison, R., **Abramowitz, J. S.**, Gadde, K., Davidson, J., & Foa, E. B. (2000, November). *The clinical validity of avoidant personality disorder versus generalized social phobia*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
15. **Abramowitz, J. S.**, Tolin, D. F., Przeworski, A., Hamlin, C., & Foa, E. (2000, November). *Effects of thought suppression in obsessive-compulsive disorder: Use of a lexical decision paradigm*. In D. F. Tolin (chair), Mental control in OCD and related disorders. Symposium presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
16. Tolin, D. F., **Abramowitz, J. S.**, Przeworski, A., Hamlin, C., & Foa, E. B. (2000, November). *Thought suppression in obsessive-compulsive disorder*. In D. F. Tolin (chair), Mental control in OCD and related disorders. Symposium presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

17. **Abramowitz, J.S.**, Franklin, M. E., & Foa, E.B. (2000, November). *Effectiveness of exposure and ritual prevention for obsessive-compulsive disorder: Outcome, therapist training, and supervision*. In M. E. Franklin (chair), *Beyond the randomized controlled trial: Extending research findings to clinical settings*. Symposium presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
18. **Abramowitz, J. S.**, Franklin, M. E., Filip, J. C. Hamlin, C., & Foa, E. B. (2000, November). *Spacing of sessions in the treatment of obsessive-compulsive disorder*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
19. **Abramowitz, J. S.**, Dorfan, N., & Foa, E. B. (2000, November). *Risk aversion in obsessive-compulsive disorder*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

### 2001

20. **Abramowitz, J. S.**, Dorfan, N. & Foa, E. B. (2001, July). *Risk aversion in obsessive-compulsive disorder*. Paper presented at the meeting of the Obsessive-Compulsive Cognitions Working Group, Whistler, BC, Canada.
21. **Abramowitz, J. S.**, & Tolin, D. F. (2001, July). *Attributions of thought suppression failure in OCD*. Paper presented at the meeting of the Obsessive-Compulsive Cognitions Working Group, Whistler, BC, Canada.
22. **Abramowitz, J. S.**, & Franklin, M. E. (2001, July). *The obsessive-compulsive inventory: sensitivity to treatment effects and specificity of response*. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
23. **Abramowitz, J. S.**, Franklin, M., Zoellner, L., & DiBernardo, C. (2001, July). *Treatment compliance and outcome in OCD*. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
24. **Abramowitz, J. S.**, Tolin, D. F., Przeworski, A., Hamlin, C., & Foa, E. (2001, July). *Effects of thought suppression in OCD: Use of a lexical decision paradigm*. In D. F. Tolin (chair), *Mental control in OCD*. Symposium presented at the World Congress of Behavioral and Cognitive Therapy, Vancouver, Canada.
25. Tolin, D. F., **Abramowitz, J. S.**, Przeworski, A., Hamlin, C., & Foa, E. B. (2001, July). *Thought suppression in obsessive-compulsive disorder*. In D. F. Tolin (chair), *Mental control in OCD*. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
26. **Abramowitz, J. S.**, Foa, E. B., & Franklin, M. E. (2001, July). *Twice-weekly treatment of obsessive-compulsive disorder*. In S. Taylor (chair), *New Directions in Treating Obsessive-Compulsive Disorder: Behavior Therapy and Beyond*. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

27. Tolin, D.F., **Abramowitz, J.S.**, Hamlin, C., & Synodi, D.S. (2001, November). *Attributions for thought suppression failure in obsessive-compulsive disorder*. In C. L. Purdon and D.F. Tolin (Chair), Cognitive factors in the persistence of OCD. Symposium presented at the 35<sup>th</sup> Annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia.
28. **Abramowitz, J. S.**, Franklin, M. E., & Foa, E. B. (2001, November). *Do subtypes of OCD respond differentially to behavior therapy?* Poster presented at the 35<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
29. **Abramowitz, J. S.**, Huppert, J., Cohen, A. & Tolin, D. F. (2001, November). *Religious obsessions and compulsions: The Penn inventory of scrupulosity*. Poster presented at the 35<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
30. Bolen, M. & **Abramowitz, J. S.**, (2001, November). *An effectiveness study of cognitive-behavioral therapy for adult social phobia*. Poster presented at the 35<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
31. Cohen, A., Huppert, J. D., & **Abramowitz, J. S.**, (2001, November). *Effects of religion and religiosity on obsessive-compulsive scrupulosity*. Poster presented at the 35<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

## 2002

32. **Abramowitz, J. S.** (2002, March). *Post-partum obsessive-compulsive disorder in females and males*. Paper presented at the National Conference of the Anxiety Disorders Association of America, Austin, TX.
33. **Abramowitz, J. S.** (2002, March). *Cognitive-behavioral therapy for obsessive-compulsive disorder: Effectiveness of intensive versus twice-weekly sessions*. Paper presented at the National Conference of the Anxiety Disorders Association of America, Austin, TX.
34. **Abramowitz, J. S.** (2002, March). *Use of cognitive-behavior therapy when pharmacological treatments are unsuccessful in the treatment of adults with OCD*. In Abramowitz, J. S. & Carmin, C. (co-chairs). *Treatment and psychopathology of obsessive-compulsive disorder across the lifespan*. Symposium presented at the National Conference of the Anxiety Disorders Association of America, Austin, TX.
35. **Abramowitz, J. S.** (2002, August). *Cognitive-behavioral therapy with and without medication in the treatment of obsessive-compulsive disorder*. In Steketee, G. (Chair). *Psychological and pharmacological treatments for obsessive-compulsive disorder*. Symposium presented at the 18<sup>th</sup> World Congress of Psychotherapy, Trondheim, Norway.
36. **Abramowitz, J. S.**, Schwartz, S. A., Kalsy, S. A., & Bolen, M. (2002, November). *CBT as an adjunct to pharmacotherapy in social phobia*. In D. Tolin (chair). *The effectiveness of CBT for medication nonresponders with anxiety disorders*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

37. **Abramowitz, J. S.**, Whiteside, S., & Bolen, M. S. (2002, November). *Effectiveness of cognitive-behavioral group therapy for anger management*. Poster presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
38. Whelan, J. P. & **Abramowitz, J. S.** (2002, November). *A comparison of pathological gambling and OCD: Questioning Convergence*. In J. Abramowitz (chair). *What is OCD and what is not? Cognitive and behavioral analyses of proposed OC spectrum disorders*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
39. Schwartz, S. A. & **Abramowitz, J. S.** (2002, November). *Are sexual compulsions sexual or compulsive?* In J. Abramowitz (chair). *What is OCD and what is not? Cognitive and behavioral analyses of proposed OC spectrum disorders*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
40. **Abramowitz, J. S.**, Whiteside, S. P., Schwartz, S. A., & Kalsy, S. A. (2002, November). *Is the thought-action fusion bias specific to obsessive-compulsive disorder?* Poster presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
41. Deacon, B. J., **Abramowitz, J. S.**, Woods, C. M., & Tolin, D. F. (2002, November). *The anxiety sensitivity index - revised: Psychometric properties in a nonclinical sample*. Poster session presented at the annual meeting of Association for Advancement of Behavior Therapy, Reno, NV.
42. Whiteside, S. P., & **Abramowitz, J. S.** (2002, November). Treatment choice and the rationale for psychotherapy in hypochondriasis. In N. Feeny (Chair). *Active treatment shopping: Preliminary investigations of treatment rationales and treatment choice*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
43. Franklin, M. E., Welsh, B., Schultz, L. Muller, K., **Abramowitz, J.**, & Whiteside, S. (2002, November). *Treatment choice in OCD*. In N. Feeny (Chair). *Active treatment shopping: Preliminary investigations of treatment rationales and treatment choice*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
44. **Abramowitz, J. S.**, Schwartz, S. A., & Moore, K. (2002, November). *Obsessive-compulsive symptoms in postpartum women*. In P. S. Wiegartz & C. N. Carmin (Chairs). *Anxiety and women: Diagnostic and treatment issues*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

### 2003

45. **Abramowitz, J. S.**, & Wadewitz, S. (2003, March). *Effectiveness of treatments for hypochondriasis: A meta-analysis*. Poster presented at the 61<sup>st</sup> Annual Convention of the American Psychosomatic Society, Phoenix, AZ.
46. **Abramowitz, J. S.**, Franklin, M. E., Schwartz, S., & Furr, J. (2003, March). *Symptom subtypes and outcome of cognitive-behavior therapy for OCD*. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Anxiety Disorders Association of America, Toronto, Ontario, Canada.

47. Carmin, C., & **Abramowitz, J.** (2003, March). *Obsessive-compulsive disorder in women and men during pregnancy and postpartum*. Paper presented at the 23<sup>rd</sup> Annual Meeting of the Anxiety Disorders Association of America, Toronto, Ontario, Canada.
48. Moore, K., Khandker, M., Schwartz, S. Luenzmann, K., Whiteside, S., Kalsy, S., Deacon, B., & **Abramowitz, J. S.** (2003, May). *Prevalence of postpartum obsessional symptoms in a community sample*. Poster presented at the 156<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Francisco, CA.
49. Whiteside, S. P., Port, J. D., Schwartz, S. A., Deacon, B. J., & **Abramowitz, J. S.** (July, 2003). *The effects of cognitive-behavior treatment on neurochemical compounds in patients with OCD: Evaluation of proton magnetic resonance spectroscopy*. Poster presented at the 10<sup>th</sup> Annual Conference of the Obsessive-Compulsive Foundation, Nashville, TN.
50. Whiteside, S. P., Port, J. D., Schwartz, S. A. Deacon, B., J. & **Abramowitz, J. S.** (July, 2003). *Cognitive-behavioral treatment and <sup>1</sup>H-MRS imaging in patients with OCD*. Paper presented at the 10<sup>th</sup> Annual Conference of the Obsessive-Compulsive Foundation, Nashville, TN.
51. **Abramowitz, J. S.**, Whiteside, S. P., Kalsy, S. A., Schwartz, S. A., & Deacon, B. J. (2003, July). *Comprehensive cognitive-behavioral therapy for OCD and comorbid depression*. Poster presented at the 10<sup>th</sup> Annual Conference of the Obsessive Compulsive Foundation, Nashville, TN.
52. **Abramowitz, J. S.**, Whiteside, S. P., Kalsy, S. A., Schwartz, S. A., & Deacon, B. J. (2003, July). *Effects of cognitive-behavioral therapy for depressed OCD patients*. Paper presented at the 10<sup>th</sup> Annual Conference of the Obsessive Compulsive Foundation, Nashville, TN.
53. Schwartz, S., **Abramowitz, J.**, Black, J., O'Kane, D., Moyer, T., & Mrazek, D. (2003, July). *Cytochrome P450 2D6 Polymorphisms/Duplications and Serotonin Uptake Inhibitor Response in OCD: A Pilot Study*. Paper presented at the 10<sup>th</sup> Annual Conference of the Obsessive Compulsive Foundation, Nashville, TN.
54. Schwartz, S., Black, J.L., **Abramowitz, J.**, Whiteside, S., O'Kane, D., Moyer, T., Pankratz, V.S., Sola, C., Mrazek, D. (2003, July). *Cytochrome p450 2D6 Polymorphisms/Duplications and Serotonin Uptake Inhibitor Response in OCD: A Pilot Study*. Poster presented at the 10<sup>th</sup> Annual Conference of the Obsessive Compulsive Foundation, Nashville, Tennessee.
55. Deacon, B. J., Woods, C. M., Tolin, D. F., & **Abramowitz, J. S.** (2003, November). *Relationship between religiosity and obsessive-compulsive symptoms and cognitions in Protestants*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.
56. Kalsy, S., A., Deacon, B. J., Schwartz, S. A., Whiteside, S. P., Khandker, M., Rygwall, R. & **Abramowitz, J. S.** (2003, November). *Interpretation of intrusive thoughts and obsessive-compulsive symptoms*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.

57. Whiteside, S. P., Moran, J., & **Abramowitz, J. S.** (2003, November). *OCD and the expression of anger in a clinical sample*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.
58. Deacon, B. J., Kalsy, S. A., Whiteside, S. P., Schwartz, S. A., Moore, K. M., & **Abramowitz, J. S.** (2003, November). *Intolerance for uncertainty across the anxiety disorders*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.
59. Deacon, B. J., Kalsy, S. A., Whiteside, S. P., Schwartz, S. A., Moore, K. M., & **Abramowitz, J. S.** (2003, November). *Treatment preference in anxiety disorder patients*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.
60. Woods, C. M., **Abramowitz, J. S.**, & Tolin, D. F. (2003, November). *Assessment of sensitivity to anxiety-related internal cues*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.
61. **Abramowitz, J. S.**, Whiteside, S. P., & Deacon, B. J. (2003). *Treatment of obsessive-compulsive disorder in young people: A meta-analysis*. Poster presented at the 37<sup>th</sup> Annual Convention of Association for Advancement of Behavior Therapy, Boston, MA.
62. **Abramowitz, J. S.**, Whiteside, S. P., Schwartz, S. A., Deacon, B. J., & Kalsy, S. A. (2003, November). *The relationship between insight and OCD symptoms and cognitions*. In M. Coles (chair). *Insight in obsessive-compulsive disorder and body dysmorphic disorder*. Symposium presented at the 37<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Boston, MA.
63. **Abramowitz, J. S.**, Deacon, B. J., Schwartz, S. A., Whiteside, S. P., & Kalsy, S. A. (2003, November). *The association between OCD symptom themes and OC-related cognitions*. In P. Norton (chair). *Subtypes and themes in obsessive-compulsive disorder: Taxometric models and treatment implications*. Symposium presented at the 37<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Boston, MA.
64. **Abramowitz, J. S.**, Whiteside, S. P., Schwartz, S. A., & Kalsy, S. A. (2003, November). *Treatment of OCD and major depression with CBT*. In S. Wilhelm (chair). *Mechanisms and predictors of effective OCD treatment*. Symposium presented at the 37<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Boston, MA.

#### 2004

65. Whiteside, S. P., Port, J. D., Schwartz, S. A., Deacon, B. J., & **Abramowitz, J. S.** (2004, March). *The Effects of Cognitive Behavioral Treatment on Neurochemical Compounds in Patients with OCD: Evaluation of Proton Magnetic Resonance Spectroscopy*. Poster session presented at the 24<sup>th</sup> Annual Meeting of the Anxiety Disorders Association of America, Miami, FL
66. Schwartz, S. A., Black, J., **Abramowitz, J. S.**, Mrazek, D. O'Kane, D., Moyer, T. (2004, March). *Pharmacogenomic testing of patients with obsessive-compulsive disorder*. Poster session presented at the 24<sup>th</sup> Annual Meeting of the Anxiety Disorders Association of America, Miami, FL.

67. Deacon, B. J., Petz, M. R., Kalsy, S. A., Whiteside, S. P., Moore, K. M., Moran, J., & **Abramowitz, J. S.** (2004, March). *Healthcare utilization across the anxiety disorders*. Poster session presented at the 24<sup>th</sup> Annual Meeting of the Anxiety Disorders Association of America, Miami, FL.
68. Khandker, M, Nelson, C. A., Rygwall, R., Deacon, B. J., Larsen, K., & **Abramowitz, J. S.** (2004, August). *The Role of Cognitive Factors in the Pathogenesis of OCD Symptoms: A Prospective Study of Postpartum Obsessions*. Poster presented at the Annual Mayo Clinic Research Conference, Rochester, MN.
69. Sookman, D., **Abramowitz, J. S.**, Calamari, J., & Wilhelm, S. (2004, September). *Implications of symptom subtypes for specialized cognitive-behavior therapy of obsessive-compulsive disorder*. In D. A. Clark (Chair), *Cognitive appraisal in obsessive-compulsive disorder: Issues of relevance and specificity*. Symposium presented at the 34<sup>th</sup> Annual Congress of the European Association for Behavioural and Cognitive Therapies, Manchester, UK.
70. Deacon, B. J., & **Abramowitz, J. S.** (2004, September). *A comparison of healthcare utilization patterns among patients with different anxiety disorders*. In C. N. Carmin (Chair), *Anxiety, depression, and medical illness: Impact on diabetes, cardiovascular disease, HIV, and healthcare utilization*. Symposium presented at the 34<sup>th</sup> Annual Congress of the European Association for Behavioural and Cognitive Therapies, Manchester, UK.
71. Deacon, B. J., **Abramowitz, J. S.**, Moore, K. M., & Kalsy, S. A. (2004, September). *Anxiety sensitivity and its dimensions across the anxiety disorders*. In M. J. Dugas (Chair), *Cognitive, behavioral, and affective reactions to anxiety: new findings and future directions*. Symposium presented at the 34<sup>th</sup> Annual Congress of the European Association for Behavioural and Cognitive Therapies, Manchester, UK.
72. Deacon, B., Petz, M., Kalsy, S., Schwartz, S., & **Abramowitz, J. S.** (2004, November). *The Yale-Brown obsessive-compulsive scale: Factor analysis and suggestions for refinement*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
73. Deacon, B. & **Abramowitz, J. S.** (2004, November). *Psychometric properties of the Short Health Anxiety Inventory in a nonpatient population*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
74. Deacon, B., Moore, K. M., & **Abramowitz, J. S.** (2004, November). *Anxiety sensitivity and its dimensions across the anxiety disorders*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
75. Olatunji, B., Tolin, D., **Abramowitz, J. S.**, & Williams, N. (2004, November). *Confirmatory factor analysis of the disgust scale: Implications for the comorbidity of disgust sensitivity and anxiety disorder symptoms*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
76. Snuggerud, J., Rygwall, B., Petz, M., Deacon, B., Kalsy, S., Moore, K. M., & **Abramowitz, J. S.** (2004, November). *Psychometric properties of the Beck Depression Inventory in patients with obsessive-*

*compulsive disorder*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.

77. Whiteside, S. P., Port, J., & **Abramowitz, J. S.** (2004, November). *Examination of the effects of CBT on neurochemical compounds in pediatric obsessive-compulsive disorder*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
78. **Abramowitz, J. S.**, Khandker, M., Nelson, C. A., Deacon, B., & Larsen, K. (2004, November). *The role of cognitive factors in the pathogenesis of OCD symptoms*. Paper presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
79. Tolin, D., Woods, C., & **Abramowitz, J. S.** (2004, November). *Disgust sensitivity and obsessive-compulsive symptoms in a nonclinical sample*. Paper presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
80. Deacon, B., Schwartz, S., Whiteside, S., Kalsy, S., Moore, K., M., & **Abramowitz, J. S.** (2004, November). *Patients' perceptions of pharmacological and cognitive-behavioral treatments for OCD and other anxiety disorders*. Paper presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.

#### 2005

81. **Abramowitz, J. S.**, Khandker, M., Nelson, C. A., & Rygwall, R. (2005, March). *How do new parents appraise their intrusive thoughts?* Poster presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
82. Deacon, B. J., & **Abramowitz, J. S.** (2005, March). *The efficacy of brief, intensive treatment of panic disorder*. Poster presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
83. Dahlman, K., Deacon, B. J., & **Abramowitz, J. S.** (March, 2005). *Cognitive predictors of healthcare utilization among anxiety disorder patients*. Poster presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
84. Weaver, C., & **Abramowitz, J. S.** (2005, March). *Obsessive-compulsive symptoms in patients with anxiety disorders*. Poster presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
85. Whiteside, S. P., Port, J., & **Abramowitz, J. S.** (2005, March). *Neuroimaging and OCD: What do we know and what does it mean?* Paper presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
86. Snuggerud, J., Deacon, B. J., Santrach, P., & **Abramowitz, J. S.** (2005, March). *Needle fears and phobias in a hospital-based phlebotomy lab*. Paper presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.

87. Wood, C., **Abramowitz, J. S.**, & Schneekloth, T. (2005, March). *Claustrophobia symptoms in medical patients undergoing MRI*. Paper presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
88. **Abramowitz, J. S.**, Khandker, M., & Nelson, C. A. (2005, March). *A prospective study of postpartum obsessions: Content, coping strategies, and predictors of distress*. Paper presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
89. Tiede, M., Dammann, J., **Abramowitz, J.**, Brown, A., Feig, S., & Whiteside, S. (2005, November). *Family functioning in childhood anxiety disorder*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
90. Whiteside, S., Port, J., & **Abramowitz, J.** (2005, November). *The effect of CBT on Neuronal Health in OCD*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
91. Dammann, J., Tiede, M., Ehrlick, A., **Abramowitz, J.**, Brown, A., Feig, S., & Whiteside, S. (2005, November). *Parent Treatment Preference in childhood anxiety disorders*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
92. Ehrlick, A., Damman, J., Tiede, M., **Abramowitz, J.**, Feig, S., & Whiteside, S. (2005, November). *Parent and child report of anxiety in anxious and non-anxious children*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
93. **Abramowitz, J.**, & Moore, E. H. (2005, November). *Spontaneous decay of compulsive urges: the case of hypochondriasis*. In F. Neziroglu (Chair), *Intracranial infectious disorders, body dysmorphic disorder, hypochondriasis, and hoarding: OCD subtypes or spectrum?* Symposium presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
94. Maak, D. J., Deacon, B. J., & **Abramowitz, J.** (2005, November). *Intolerance of uncertainty in OCD: questioning the construct validity of the intolerance of uncertainty scale*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
95. Olatunji, B., Deacon, B. J., & **Abramowitz** (2005, November). *The interpretation of intrusive thoughts and obsessive-compulsive symptom dimensions*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
96. Olatunji, B., Deacon, B. J., & **Abramowitz, J.** (2005, November). *Body vigilance in anxiety disorders: structure, correlates, and prediction of health concerns*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
97. Olatunji, B., Deacon, B. J., **Abramowitz, J.**, & Tolin, D. F. (2005, November). *Dimensionality of somatic complaints: factor structure and psychometric properties of the self-rating anxiety scale*. Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.

98. Deacon, B. J., Kalsy, S. A., Moore, K. M., Whiteside, S. P., & **Abramowitz, J.**, (2005, November). *Does behavior therapy for OCD modify cognitions?* Poster presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
99. **Abramowitz, J. S.**, Nelson, C., & Khandker, M. (2005, November). *Relationship between dysfunctional beliefs and the interpretation of intrusive thoughts*. In M. Coles (Chair), *Vulnerability to OCD: Studying the influences of cognition and childhood experiences*. Symposium presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.

## 2006

100. Braddock, A.E., **Abramowitz, J.S.**, Wood, C.P., Mandrekar, J.N., Harrington, J.R., & Schneekloth, T.D. (2006, March). *Claustrophobia in medical patients undergoing magnetic resonance imaging*. Poster presented at the annual conference of the Society of Behavioral Medicine, San Francisco, CA.
101. Whiteside, S., **Abramowitz, J.**, Deacon, B., & Simpson, H. B. (2006, March). *Developing a clinical research laboratory for anxiety disorders*. Workshop presented at the 26<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America, Miami, FL.
102. Sookman, D. S., Calamari, J., **Abramowitz, J. S.**, Wilhelm, S., Rector, N., & Clark, D. A. (2006, September). *Directions in Specialized Cognitive Behavior Therapy for Resistant Obsessive Compulsive Disorder: A Multi-Site Study*. Paper presented at the 36<sup>th</sup> Congress of the European Association for Behavioral and Cognitive Therapies, Paris, France.
103. Clark, D. A., Kyrios, M., & **Abramowitz, J. S.** & E. L. Moore (2006, September). *Subtypes of normal and abnormal obsessions: A direct comparison of OCD and nonclinical samples*. Paper presented at the 36<sup>th</sup> Congress of the European Association for Behavioral and Cognitive Therapies, Paris, France.
104. **Abramowitz, J. S.** (2006, September). *Presence of mental compulsions and effects of CBT*. Paper presented at the 36<sup>th</sup> Congress of the European Association for Behavioral and Cognitive Therapies, Paris, France.
105. Deacon, B. J., & **Abramowitz, J. S.** (2006, November). *Health anxiety in a nonclinical sample: psychometric properties and validity of the Short Health Anxiety Inventory*. In C. Carmin (Chair). *New directions in health anxiety*. Symposium presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
106. **Abramowitz, J. S.**, & Deacon, B. J., & Olatunji, B. (2006, November). *Health anxiety across the anxiety disorders*. In C. Carmin (Chair). *New directions in health anxiety*. Symposium presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
107. Braddock, A., E., & **Abramowitz, J. S.** (2006, November). *Effectiveness of CBT for OCD*. In S. Kehle & B. Chu (chairs) *The effectiveness of cognitive-behavioral treatments for anxiety disorders*. Symposium presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

108. Sookman, D., Calamari, J., **Abramowitz, J.**, Wilhelm, S., Rector, N., & Clark, D. A. (2006, November). *Directions in specialized CBT for resistant OCD: a multisite study*. In D. Sookman (Chair). *Directions in specialized CBT for resistant OCD*. Symposium presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
109. **Abramowitz, J. S.**, Braddock, A. E., & Kalsy, S. A. (2006, November). *Is hoarding a symptom of OCD?* In N. B. Schmidt (Chair). *Recent advances in OCD: Interplay between basic research and treatment implications*. Symposium presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
110. Braddock, A. E., & **Abramowitz, J. S.** (2006, November). *Clinical features of OCD: differences between “washers” and “checkers”*. In A. Radomsky (Chair). *New advances in research on compulsive checking in OCD: getting specific*. Symposium presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
111. Braddock, A. E., **Abramowitz, J. S.**, & Deacon, B. J. (2006, November). *Construct validation of the Anxiety Sensitivity Index-3*. Poster presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
112. Deacon, B. J., Lickel, J., Fawzy, T., **Abramowitz, J.**, McGrath, P. (2006, November). *The Shy Bladder Scale: development and psychometric properties*. Poster presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
113. Olatunji, B., **Abramowitz, J.**, & Lohr, (2006, November). *Scrupulosity in a college sample*. Poster presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

## 2007

114. Moore, E. L., Braddock, A. E., & **Abramowitz, J. S.** (2007, March). *Efficacy of bibliotherapy for social anxiety disorder*. In J. Himle (Chair). *Overcoming barriers to the assessment and treatment of anxiety disorders: Telehealth and bibliotherapy*. Symposium presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
115. Keeley, M. L., Cordell, E., Storch, E. A., & **Abramowitz, J. S.** (2007, March). *Cognitive features of obsessive-compulsive disorder with comorbid depression*. Poster presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
116. Norberg, M. M., Diefenbach, G. J., **Abramowitz, J. S.**, & Tolin, D. F. (2007, March). *Quality of life following CBT for obsessive-compulsive disorder*. Poster presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
117. Jaconis, M., Oppenheimer, C., & **Abramowitz, J. S.** (2007, April). *Anxiety sensitivity as a predictor of postpartum anxiety: A longitudinal study*. Poster presented at the North Carolina Psychological Association Spring Conference, Chapel Hill, NC.

118. Braddock, A. E., & **Abramowitz, J. S.** (2007, July). *Social anxiety among individuals with hyperhidrosis: Translating cognitive-behavioral therapy to a medical population*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
119. Nelson, E., Deacon, B. J., McGrath, P., & **Abramowitz, J. S.** (2007, November). *The panic and agoraphobia scale: Psychometric properties and validity in two anxiety disorder samples*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
120. Deacon, B. J., & **Abramowitz, J. S.** (2007, November). *Is hypochondriasis related to OCD, panic disorder, or both? An empirical investigation* in Abramowitz, J. S. (chair). *New directions in health anxiety: Psychopathology and treatment*. Symposium presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
121. Deacon, B.J., Braddock, A. E., & Abramowitz, J. S. (2007, November). *Construct validity of the Anxiety Sensitivity Index-3 in an anxiety disorder sample* in Norton P. J., & Sears, K. C. (chairs). *Future directions in the conceptualization and measurement of anxiety sensitivity*. Symposium presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
122. Braddock, A. E., & **Abramowitz, J. S.** (2007, November). *Social anxiety and hyperhidrosis: A survey study*. In Braddock, A. E. (chair). *Social anxiety within medical problems: Empirical support for cognitive-behavioral conceptualizations and treatment*. Symposium presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
123. Braddock, A. E., & **Abramowitz, J. S.** (2007, November). *Quality of life and functional impairment within hyperhidrosis (excessive sweating)*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
124. Oppenheimer, C., Jaconis, M., & **Abramowitz, J. S.** (2007, November). *Anxiety sensitivity as a predictor of postpartum anxiety: A prospective study*. In Woody, S. (chair). *Obsessions and anxiety in the postpartum period*. Symposium presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
125. **Abramowitz, J. S.** (2007, November). *Obsessions and rituals in new mothers and fathers: Content and vulnerability factors*. In Woody, S. (chair). *Obsessions and anxiety in the postpartum period*. Symposium presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

## 2008

126. **Abramowitz, J. S.**, McKay, D. M., Deacon, B. J., & Phillips, K. A. (2008, March). *Are body dysmorphic disorder and hypochondriasis anxiety disorders?* A panel discussion. Presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
127. **Abramowitz, J. S.**, & Moore, E. L. (2008, March). *An experimental study of hypochondriasis: Implications for treatment*. In Gloster, A. (chair). *Experimental approaches to the refined*

- understanding and treatment of OCD-spectrum disorders. Paper presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
128. **Abramowitz, J. S.** (2008, March). *Beyond the treatment manual: A beginner's guide to understanding and treating "complicated" anxiety patients*. Workshop presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
  129. **Abramowitz, J. S.**, Olatunji, B., Deacon, B. J., Wheaton, M. G., & Mahaffey, B. (2008, March). *Dimensions of anxiety sensitivity and dimensions of obsessive-compulsive disorder*. In Cromer, K. (chair). *Anxiety sensitivity and psychopathology: Recent finding and new research directions*. Paper presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
  130. Deacon, B. J., **Abramowitz, J. S.**, Lickel, J., Nelson, E., Mahaffey, B., Simpson, S., & Draper, W. (2008, March). *Methods of delivering interoceptive exposure for anxiety sensitivity: Preliminary results from a randomized controlled trial*. In Cromer, K. (chair). *Anxiety sensitivity and psychopathology: Recent finding and new research directions*. Paper presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
  131. **Abramowitz, J. S.**, & Riemann, B. (2008, March). *Troubleshooting in cognitive-behavioral therapy for OCD: A clinician's forum*. Workshop presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
  132. **Abramowitz, J. S.** (2008, August). *Couples-based therapy for OCD*. Paper presented at the annual meeting of the Obsessive Compulsive Foundation. Boston, MA.
  133. Baucom, D. A., **Abramowitz, J. S.**, Pukay-Martin, N., Hudepohl, J. T., Wheaton, M. G. (2008, November). *A couple-based treatment for OCD*. In C. Monson (chair). *Innovations in couple therapy for individual psychopathology*. Paper presented at the 42<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
  134. Deacon, B. J., **Abramowitz, J. S.**, Ringer, M., Mahaffey, B. & Simpson, S. J. (2008 November). *Dismantling the delivery of interoceptive exposure for anxiety sensitivity: A randomized controlled trial*. In (D. McKay & B. Deacon (co-chairs). *Experimental and therapeutic effects of interoceptive exposure procedures*. Paper presented at the 42<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
  135. Lickel, J., J., **Abramowitz, J. S.**, Nelson, E. A., Ringer, M., Mahaffey, B., Simpson, S. J., & Deacon, B. J. (2008, November). *Dismantling the delivery of interoceptive exposure for anxiety sensitivity: A randomized controlled trial*. Poster presented at the 42<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
  136. Majestic, C., Olatunji, B. O., Deacon, B. J., Libero, E., & **Abramowitz, J. S.** (2008, November). *Ethnic differences in obsessive-compulsive symptoms and cognitions*. Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
  137. Carmin, C. N., **Abramowitz, J. S.**, Franklin, M. E., Frost, R., Riemann, B., Steketee, G., & Pollard, C. A. (2008, November). *Treatment resistant OCD and spectrum conditions in children and adults*. Clinical

Round Table presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.

138. **Abramowitz, J. S.**, Timpano, K. R., Keough, M. E., Mahaffey, B., Schmidt, N. B. (2008, September). *Relationships between obsessive-compulsive-related beliefs and anxiety sensitivity*. In K. Timpano (chair). In *Recent advances in understanding vulnerability and risk for obsessive-compulsive disorder*. Paper presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
139. Timpano, K. R., Keough, M. E., **Abramowitz, J. S.**, Schmidt, N. B. (2008, September). In *Recent advances in understanding vulnerability and risk for obsessive-compulsive disorder*. Paper presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
140. Wheaton, M. G., Lackey, G. R., Mahaffey, B. L., Franklin, J. C., & **Abramowitz, J. S.** (2008, November). *The contribution of obsessional beliefs and experiential avoidance in predicting OC symptoms*. Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
141. Lackey, G. R., Hollman, H., Berman, N., & **Abramowitz, J. S.** (2008, November). *What mediates the relationship between religion and obsessive beliefs?* Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
142. Mahaffey, B. L., Dankner, N., Simpson, S., Hollman, H., Storch, E. A., & **Abramowitz, J. S.** (2008, November). *Pathways to inflated responsibility beliefs*. Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
143. Mahaffey, B., Olatunji, B. O., Deacon, B. J., Harrington, D., Draper, W., & **Abramowitz, J. S.** (2008, November). *The relationship between cognitions and obsessive-compulsive symptoms*. Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
144. Wheaton, M. G., Draper, W., Harrington, D., Singer, T., Storch, E. A., Ricketts, E., & **Abramowitz, J. S.** (2008, November). *Hoarding symptoms and the OCI-R: A factor analytic study*. Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
145. Wheaton, M. G., Singer, T., Harrington, D., Draper, W., Ricketts, E., Storch, E. A., **Abramowitz, J. S.** (2008, November). *The relative prevalence of hoarding symptoms in OCD, other anxiety disorders, and controls*. Poster presented at the 42<sup>nd</sup> Annual Conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.

## 2009

146. **Abramowitz, J. S.** (2009, March). *Enhancing cognitive-behavioral treatment of OCD using a couple-based approach*. In J. Sareen (Chair). *Challenges in the treatment of OCD*. Symposium presented at the 29<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Albuquerque, NM.

147. Timpano, K., Schmidt, B., Keough, M., & **Abramowitz, J. S.** (2009, March). *The association between hoarding symptoms and attachment style*. In K. Timpano (Chair). *Recent advances in or understanding of hoarding: Interplay between basic research and treatment implications*. Symposium presented at the 29<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Albuquerque, NM.
148. Keough, M., Schmidt, N. B., Timpano, K., & **Abramowitz, J. S.** (2009, March). *An evaluation of the relationship between perceived parental style and anxiety sensitivity*. Poster presented at the 29<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Albuquerque, NM.
149. Fairbrother, N., & **Abramowitz, J. S.** (2009, June). *Postpartum obsessive compulsive disorder: Theoretical considerations, current knowledge and future directions*. Paper presented at the Canadian Psychological Association annual convention, Montreal, Quebec.
150. Franklin, J.C., Wheaton, M.G., Hessel, E.T., & **Abramowitz, J.A.** (2009, October). *The associations between prepulse inhibition of acoustic startle and dimensions of obsessive-compulsive disorder: Clearer results under stress*. Poster presented at the meeting of the Society for Psychophysiological Research, Berlin, Germany
151. Wheaton, M., Berman, N.C., McGrath, P., & **Abramowitz, J.S.** (2009, November). *Predicting Worry Across Anxiety Disorders: The role of Experiential Avoidance and Anxiety Sensitivity*. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
152. Wheaton, M., Berman, N. C., Mahaffey, B., **Abramowitz, J. S.**, Deacon, B., Olatunji, B., Timpano, K., McGrath, P., Riemann, B., Adams, T., Bjorgvinsson, T., Storch, E., & Hale, L. (2009, November). *Reliability and Validity of the Dimensional Obsessive-Compulsive Scale*. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
153. Mahaffey, B., **Abramowitz, J.S.**, Deacon, B., Olatunji, B., Wheaton, M., Berman, N. C., Timpano, K., McGrath, P., Wheaton, M. G., Adams, T., Bjorgvinsson, T., Storch, E., & Hale, L. (2009, November). *The Dimensional Obsessive-Compulsive Scale (DOCS): Development, Factor Analysis, and Reliability*. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
154. Berman, N. C., Wheaton, M. G., Boudwin, D., Pardue, C., & **Abramowitz, J. S.** (2009, November). *Obsessive Beliefs Mediate Relationship Between Religiosity and Obsessive Compulsive Symptoms*. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY
155. Gillen, M., Valentiner, D., Fergus, T.A., McGrath, P., Twohig, M.P., & **Abramowitz, J. S.** (2009, November). *Experiential avoidance and obsessive-compulsive symptoms in a nonclinical sample of older adolescents and an adult clinical (anxiety disorders) sample*. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.

156. Berman, N. C., Wheaton, M. G., **Abramowitz, J. S.**, Gura, K. & Lovett, S. (2009, November). *Importance of Understanding Psychogenic Reactions in Cognitive Behavioral Treatment for Childhood Anxiety Disorders*. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
157. Berman, N. C., Wheaton, M. G., McGrath, P., & **Abramowitz, J. S.** (2009, November). *Explaining anxiety symptoms: The role of experiential avoidance and anxiety sensitivity*. In A. Harvey (Chair). *Advances in the understanding of mechanisms and regulation of anxiety*. Paper presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
158. Deacon, B. J., **Abramowitz, J. S.**, Olatunji, B. O., & Cisler, J. (2009, November). *Measuring threat overestimation in contamination fear: The Contamination Cognitions Questionnaire*. In Cisler, J. (Chair). *Cognitive factors in anxiety: New findings and new paradigms*. Paper presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
159. **Abramowitz, J. S.**, Baucom, D. H., Pukay-Martin, N., Wheaton, M. G., Johnson, D., Boeding, S., Kelly, J. T., & Gura, K. L. (2009, November). *Partner accommodation of repetitive behaviors in OCD*. In Kirby, J. S. (Chair). *Compulsively yours: Treating maladaptive repetitive behaviors in a couples context*. Paper presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
160. **Abramowitz, J. S.** (2009, November). *Toward predicting outcome and improving access to effective psychological treatments for OCD: Recent advances*. In (Najmi, S. & Amir, N. (Chairs). *Novel approaches to the treatment of OCD*. Paper presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
161. Wheaton, M. G., Berman, N. C., & **Abramowitz, J. S.** (2009, November). *Hoarding in OCD: Core symptom or comorbid syndrome*. In Wheaton, M. G. (Chair). *Is hoarding a symptom of OCD: Implications for DSM-V*. Paper presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.

## 2010

162. Wheaton, M. G., Berman, N. C., Franklin, J. C., & **Abramowitz, J. S.** (2010, March). *Obsessive beliefs and anxiety sensitivity as predictors of health anxiety: Implications for DSM-V placement*. In N. Carlton & G. Asmundson (chairs), *Health anxiety and its disorder: Theoretical and empirical underpinnings associated with a DSM-V debate*. Symposium presented at the 30<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD.
163. Mahaffey, B., **Abramowitz, J. S.**, Meltzer-Brody, S., Lesserman, J., Killenberg, S., Rinaldi, K., & Pedersen, C. (2010, March). *Obsessional thoughts and compulsive behaviors in a sample of women with postpartum depression*. Poster presented at the 30<sup>th</sup> annual conference of the Anxiety Disorders Association of America.

164. Fabricant, L., Berman, N. C., Wheaton, M. G., & **Abramowitz, J. S.** (2010, March). *Development of a behavioral paradigm to assess thought-action fusion*. Poster presented at the 30<sup>th</sup> annual conference of the Anxiety Disorders Association of America.
165. Berman, N., Wheaon, M. G., Fabricant, L. E., Mahaffey, B., Pardue, C., & **Abramowitz, J. S.** (2010, March). *The relationship between thought-action fusion and motivation for religion*. Poster presented at the 30<sup>th</sup> annual conference of the Anxiety Disorders Association of America.
166. Wheaton, M. G., Franklin, J. C., Berman, N. C., Hessel, E., & **Abramowitz, J. S.** (2010, March) *Obsessive-compulsive symptom dimensions and prepulse inhibition of acoustic startle in an analogue sample*. Poster presented at the 30<sup>th</sup> annual conference of the Anxiety Disorders Association of America.
167. Wheaton, M. G., Berman, N. C., Franklin, J. C., Schneider, R., & **Abramowitz, J. S.** (2010, March). *Experiential avoidance and anxiety sensitivity in the prediction of health anxiety*. Poster presented at the 30<sup>th</sup> annual conference of the Anxiety Disorders Association of America.
168. Mahaffey, B., Wheaton, M. G., Berman, N. C., & **Abramowitz, J. S.** (2010, March). *The relationship between maternal care and overprotection in the familial transmission of OC symptoms*. In B. Mahaffey (chair), *Anxious youth: The relationship between parenting and anxiety in childhood and young adulthood*. Symposium presented at the 30<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD.
169. Pardue, C., Berman, N. C., & **Abramowitz, J. S.** (2010, July). *Is thought-action fusion related to developmental experiences with rigid rules?* Paper presented in **J. S. Abramowitz** (chair), *Recent findings with the cognitive model of obsessive-compulsive disorder: Culture, context, and conceptualization*. Symposium presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Boston, MA.
170. **Abramowitz, J. S.** (2010, November). *Self-help CBT with minimal therapist contact for social phobia: A controlled trial*. Paper presented in M. E. Coles (Chair) *Recent advances in the treatment of social phobia*. Symposium presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
171. Berman, N. C., Pardue, C., Wheaton, M. G., & **Abramowitz, J. S.** (2010, November). *Relationship between religiosity and thought-action fusion: A behavioral paradigm*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
172. Gillen, M., Valentiner, D. P., Deacon, B. J., Lickel, J. J., **Abramowitz, J. S.**, & McGrath, P. B. (2010, November). *Shy bladder syndrome (Paruresis) and its specific relation to social performance anxiety*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
173. Fabricant, L. E., , Mahaffey, B. L., Wheaton, M. G., Berman, N. C., & **Abramowitz, J. S.** (2010, November). *The relationship between anxiety sensitivity and obsessive-compulsive symptoms*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

174. Mahaffey, B. L., **Abramowitz, J. S.**, Meltzer-Brody, S., Lesserman, J., Killenberg, S., Rinaldi, K., & Pedersen, C. (2010, November). *Obsessive-compulsive symptomatology in women with postpartum clinical depression*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
175. Mahaffey, B. L., Deaton, T. P., Berman, N. C., Wheaton, M. G., Fabricant, L. E., & **Abramowitz, J. S.** (2010, November). *Religiosity, childhood experiences, and obsessive beliefs*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
176. Fabricant, L. E., Wheaton, M. G., Berman, N. C., & **Abramowitz, J. S.** (2010, November). *The relationship between childhood trauma and hoarding symptoms*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
177. Wheaton, M. G., Fabricant, L. E., Berman, N. C., Mahaffey, B. L., & **Abramowitz, J. S.** (2010, November). *Experiential avoidance in the prediction of compulsive hoarding*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
178. Berman, N. C., Garcia, A. M., Freeman, J. B., Wheaton, M. G., Fabricant, L. E., & **Abramowitz, J. S.** (2010, November). *Rate of change in the treatment of early childhood OCD*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
179. Boeding, S. E., Wheaton, M. G., Baucom, D. A., & **Abramowitz, J. S.** (2010, November). *Accommodation in OCD: An interpersonal perspective*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
180. Wheaton, M. G., Olatunji, B. O., Mahaffey, B. L., Fabricant, L. E., Berman, N. C., & **Abramowitz, J. S.** (2010, November). *Swine flu concerns: Associations with health anxiety, contamination cognitions, and disgust sensitivity*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

## 2011

181. **Abramowitz, J. S.** (2011, March). *Development and use of the Dimensional Obsessive-Compulsive Scale (DOCS)* in J. S. Abramowitz (chair). *Recent advances in the assessment of child and adult obsessive-compulsive disorder*. Paper presented at the 31<sup>st</sup> Annual Conference of the Anxiety Disorders Association of America, New Orleans, LA.
182. Landy, L. N. & **Abramowitz, J. S.** (2011, March). *Cognitive-behavioral treatment of comorbid OCD and major depressive disorder*. Poster presented at the 31<sup>st</sup> Annual Conference of the Anxiety Disorders Association of America, New Orleans, LA.
183. Wheaton, M.G., **Abramowitz, J. S.**, Franklin, J. C., & Fabricant, L. E. (2011, July). *Affective Responses and Information Processing in Compulsive Hoarding: A Psychophysiological Investigation*. Poster

presented at the 18th Annual Conference of the International Obsessive-Compulsive Foundation, San Diego, CA.

184. **Abramowitz, J. S.** (2011, November). *Exposure therapy: Theory and practice*. In B. Pilecki & D. McKay (co-chairs), *Addressing the theory-practice gap in CBT: A perspective from all three waves*. Paper presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
185. Wheaton, M. G., Boeding, S., Fabricant, L. E., Paprocki, C., Fischer, M., Baucom, D. H., & **Abramowitz, J. S.** (2011, November). *Couple-based exposure therapy for OCD*. In E. Weiner (chair), *New and novel approaches to exposure therapy*. Paper presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
186. Boeding, S., Baucom, D. H., **Abramowitz, J. S.**, Wheaton, M. G., Fabricant, L. E., Fischer, M. S., & Paprocki, C. (2011, November). Accommodation in couples with OCD. In K. renshaw & C. Caska (co-chairs), *Family members of those with OCD: Accommodation, attributions, and treatment*. Paper presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
187. Berman, N. C., Pardue, C. M., Fabricant, L. E., Wheaton., M. G., & **Abramowitz, J. S.** (2011, November). *Is religiosity associated with overvaluation of positive thoughts?* Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
188. Fischer, M. S., Paprocki, C., Fabricant, L. E., Wheaton, M. G., Boeding, S., **Abramowitz, J. S.**, & Baucom, D. H. (2011, November). *Relationship satisfaction as a predictor of treatment outcome in a couple-based intervention for OCD*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
189. Mahaffey, B. L., Yarbrow, J., & **Abramowitz, J. S.** (2011, November). *Parental care, attachment insecurity, and the endorsement of obsessive beliefs*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
190. Fabricant, L. E., Schneider, R., Wheaton, M. G., Berman, N. C., Mahaffey, B. & **Abramowitz, J. S.** (2011, November). *Role of dysfunctional cognitions, experiential avoidance, and mindfulness in the prediction of posttraumatic stress symptoms*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
191. Mahaffey, B., Wheaton, M. G., Fabricant, L. E., Berman, N. C., & **Abramowitz, J. S.** (2011, November). *The contribution of experiential avoidance and dysfunctional cognitions in the prediction of social anxiety*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
192. Berman, N. C., Wheaton, M. G., Fabricant, L. E., Jacobson, S., & **Abramowitz, J. S.** (2011, November). *Thought-action fusion: Role of personal significance*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.

193. Paprocki, C., Fischer, M. S., Fabricant, L. E., Wheaton, M. G., Boeding, S. & **Abramowitz, J. S.** (2011, November). *Partner accommodation of OCD associated with symptom dimensions*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
194. Wheaton, M. G., Fabricant, L. E., Berman, N. C., Mahaffey, B. L., & **Abramowitz, J. S.** (2011, November). *Hoarding and PTSD symptoms in a trauma-exposed student sample*. Poster presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.

## 2012

195. Jacoby, R. J., Blakey, S. M., Campbell, A. A., Wheaton, M. G., Mahaffey, B. L. Berman, N. C., Fabricant, L. E., & **Abramowitz, J. S.** (2012, April). *Associations between emotion reactivity and cognitive distortions in outpatients with anxiety disorders*. Poster presented at the 32<sup>nd</sup> Annual Convention of the Anxiety and Depression Association of America. Alexandria, VA.
196. **Abramowitz, J. S.** (2012, April). *Experiential avoidance and anxiety sensitivity in the prediction of health-related anxiety*. In R. El-Gabalawy (chair). *Health anxiety and hypochondriasis across the lifespan*. Paper presented at the 32<sup>nd</sup> Annual Convention of the Anxiety and Depression Association of America. Alexandria, VA.
197. Blakey, S. M., & **Abramowitz, J. S.** (2012, April). *The role of cognitive factors in the pathogenesis of OCD symptoms: A prospective study of postpartum obsessions*. Poster presented at the 32<sup>nd</sup> Annual Convention of the Anxiety and Depression Association of America. Alexandria, VA.
198. Leonard, R. C., Riemann, B. C., & **Abramowitz, J. S.** (2012, April). *Using the Dimensional Obsessive-Compulsive Scale to predict changes in OCD symptoms over the course of treatment*. Poster presented at the 32<sup>nd</sup> Annual Convention of the Anxiety and Depression Association of America. Alexandria, VA.
199. Shaw, A. M., Timpano, K. R., Doss, B. D., Mahaffey, B. L., Mitchell, M. A., **Abramowitz, J. S.**, & Schmidt, N. B. (2012, April). *Obsessions and relationship functioning in the postpartum: The effects of obsessive-compulsive symptoms on relationship satisfaction*. Poster presented at the 32<sup>nd</sup> Annual Convention of the Anxiety and Depression Association of America. Alexandria, VA.
200. Twohig, M., **Abramowitz, J. S.**, Fabricant, L. E., Morrison, K., & Bluett, E. (2012, July). *Combining acceptance and commitment therapy with exposure and response prevention to enhance the treatment of OCD*. Poster presented at the 19<sup>th</sup> Annual Convention of the International Obsessive-Compulsive Disorder Foundation. Chicago, IL.
201. Jacoby, R. J., Leonard, R. C., Riemann, B. C., & **Abramowitz, J. S.** (2012, July). *Predictors of quality of life and functional impairment in treatment-seeking individuals with obsessive-compulsive disorder*. Poster presented at the 19<sup>th</sup> Annual Convention of the International Obsessive-Compulsive Disorder Foundation. Chicago, IL.

202. Baucom, D.H., Bulik, C.M., **Abramowitz, J.**, & Kirby, J. (2012, July). *Couple-based interventions for adult psychopathology*. Paper presented at the 30<sup>th</sup> International Congress of Psychology, Cape Town, South Africa
203. Berman, N. C., Jacoby, R. J., Wheaton, M. G., Fabricant, L. E., Turpin, A., & **Abramowitz, J. S.** (2012, November). *Do Arnold Schwarzenegger obsessions exist? Testing the effects of vulnerability on thought-action fusion beliefs*. In R. J. McNally (chair). *OCD: New insights from the laboratory for the clinic*. Paper presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
204. **Abramowitz, J. S.**, Baucom, D. H., Wheaton, M. G., Boeding, S. E., Fabricant, L. E., Paprocki, C., & Fischer, M. S. (2012, November). Maintenance of gains following couple-based CBT for OCD. In A. Przeworski (chair). *OCD, hoarding, and interpersonal relationships*. Paper presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
205. Kirch, M., Wheaton, M. G., & **Abramowitz, J. S.** (2012, November). *Anxiety sensitivity as a mediating factor in the relationship between parental bonding and health anxiety in college students*. Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
206. Jacoby, R. J., Brownstone, L. M., Higgins, M. K., Mahaffey, B. L., Fabricant, L. E., Wheaton, M. G., Berman, N. C., Bardone-Cone, A. M., & **Abramowitz, J. S.** (2012, November). *Obsessive-compulsive symptoms, obsessive beliefs, and disordered eating attitudes: relationships in men and women*. Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
207. Wheaton, M. G., Fabricant, L. E., Franklin, J. C., Lee, K., Puzia, M., Berman, N. C., Jacoby, R. J., & **Abramowitz, J. S.** (2012, November). *Childhood trauma in hoarding disorder and matched controls*. Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
208. Mahaffey, B. L., Blakey, S. M., Fabricant, L. E., Jacoby, R. J., & **Abramowitz, J. S.** (2012, November). *Cognitive vulnerabilities and the relationship between body dysmorphic disorder and OCD*. Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
209. Fabricant, L. E., Jacoby, R. J., Wheaton, M. G., Mahaffey, B. L., Berman, N. C., & **Abramowitz, J. S.** (2012, November). *Is the use of analogue samples appropriate in research on OCD?* Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
210. Nave, A. M., McKay, D., Taylor, S., & **Abramowitz, J. S.** (2012, November). *Evaluating the uniqueness of obsessive-compulsive cognitions*. Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.

211. Timpano, K.R., **Abramowitz, J.S.**, & Schmidt, N.B. (2013, August). Predictors and Moderators of Response to a Postpartum OCD Prevention Program. In: Innovations in the Treatment of OCD and Associated Disorders (Chair: K.R. Timpano). Symposium presented at the meeting for the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.
212. Jacoby, R. J., Leonard, R. C., Fabricant, L. E., Riemann, B. C., & **Abramowitz, J. S.** (2013, March). “Not just right experiences”: Relationships with obsessive-compulsive symptoms and obsessive beliefs in a clinical sample. Poster presented at the 33<sup>rd</sup> annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.
213. Abramovitch, A., **Abramowitz, J. S.**, Mittelman, A., Wilhelm, S. (2013, July) Neuropsychological impairments in obsessive-compulsive disorder: A meta-analysis. In A. Abramovitch (Chair) *The Interface Between Cognitive Neuropsychology, Neurobiology, and Psychopathology: Insight into the Neuroscience of OCD and Related Disorders*. Symposium to be presented at the 7<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Lima, Peru.
214. **Abramowitz, J. S.** (2013, July). *May I check that for you? Partner accommodation in couples with OCD*. Paper presented at the 20<sup>th</sup> Annual Conference of the International OCD Foundation. Atlanta, GA.
215. Jacoby, R. J., Clark, H., Hodges, A., Campbell, A., Silivra, O., Fabricant, L. E., & **Abramowitz, J. S.** (2013, July). *Behavioral measurement of intolerance of uncertainty in OCD, generalized anxiety disorder, and other anxiety disorders*. Poster presented at the 20<sup>th</sup> Annual Conference of the International OCD Foundation. Atlanta, GA.
216. Jacoby, R. J., Fabricant, L. E., Clark, H., Silivra, O., Hodges, A., Campbell, A., & **Abramowitz, J. S.** (2013, November). *Investigating Contributions of Emotion Reactivity and Distress Tolerance to Health Anxiety Symptoms*. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
217. Armstrong, T. R., Viar-Paxton, M., Wheaton, M. G., **Abramowitz, J. S.**, & Olatunji, B. O. (2013, November). *Confirmatory factor analysis of the Dimensional Obsessive-Compulsive Scale*. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
218. Fabricant, L. E., Jacoby, R. J., & **Abramowitz, J. S.** (2013, November). *Psychological Mechanisms in Obsessive Compulsive Disorder: The Role of Intolerance of Uncertainty and Perceived Control*. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
219. Timpano, K., **Abramowitz, J. S.**, & Schmidt, B. (2013, November). *A postpartum OCD prevention program: Investigating outcome predictors*. In. K. Timpano (Chair). *Innovations in the treatment of obsessive-compulsive and related disorders*. Paper presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
220. Mahaffey, B. L., Boeding, S. E., Blakey, S. M., Berman, N. C., Wheaton, M. G., Fabricant, L. E., Jacoby, R. J., & **Abramowitz, J. S.** (2013, November). *Evaluating a Cognitive-Behavioral Model of Pathological Mirror Gazing: Implications for the Maintenance of Anxiety and Appearance Dissatisfaction in Body*

*Dysmorphic Disorder*. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.

221. Campbell, A., Berman, N., Fabricant, L. E., Jacoby, R. J., Mahaffey, B. L., Wheaton, M. G., & **Abramowitz, J. S.** (2013, November). *Body Vigilance across Obsessive-Compulsive Symptom Dimensions*. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
222. Belus, J. Baucom, D. A., **Abramowitz, J. S.**, Fabricant, L. E., Paprocki, C., & Fisher, M. (2013, November). *OCD Treatment in a couples-based format: is there benefit for partners?* In P. Shnaider (chair). *Intimate Relationships and Treatment of Psychopathology: Partner and Patient Outcomes in Individual and Couple-Based Interventions*. Paper presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
223. **Abramowitz, J. S.**, Berry, B., Bluett, E. J., Fabricant, L. E., Jacoby, R. J., Morrison, K. L., & Twohig, M. P. (2013, November). *Predictors of OCD symptom dimensions: Obsessive beliefs and experiential avoidance*. In G. Alcolado (chair). *Understanding and Treating Obsessive-Compulsive and Related Disorders: Methods, Meaning, and Maximizing Treatment Gains*. Paper presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.

#### 2014

224. Fischer, M. S., Baucom, D. H., & **Abramowitz, J. S.** (2014, May). *Paarbasierte Behandlung von Zwangsstörungen – Ergebnisse einer Pilotstudie*. Poster presented at the 32<sup>nd</sup> Symposium der Fachgruppe für Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie, Braunschweig, Germany.
225. Reuman, L., Jacoby, R. J., Fabricant, L. E., & **Abramowitz, J. S.** (2014, November). *Applying the diathesis-stress model to disgust sensitivity among OCD symptom dimensions*. In H. Weingarden (chair). *Expanding our understanding of obsessive-compulsive-related disorders through the study of emotions beyond anxiety*. Paper presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
226. **Abramowitz, J. S.**, Arch, J. Deacon, B. J., Radomsky, A., Whiteside, S., & Whittal, M. (2014, November). *Current controversies in how to implement exposure therapy*. Panel presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
227. **Abramowitz, J. S.**, Baucom, D. H., Wheaton, M. G., Fischer, M. S., Paprocki, C., Fabricant, L. E., & Boeding, S. E. (2014, November). *Effects of couple-based CBT on OCD symptom dimensions*. In J. Thompson-Hollands (chair). *Reaching families in the treatment of OCD*. Paper presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
228. Jacoby, R. J., Berman, N. C., Graziano, R., Clark, H. L., & **Abramowitz, J. S.** (2014, November). *Examining attentional bias in scrupulosity: Null findings from the dot probe paradigm*. In R. J. Jacoby (chair). *New directions in research on scrupulosity*. Paper presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

229. Berman, N. C., Stark, A., Cooperman, A., & **Abramowitz, J. S.** (2014, November). *Prayer in response to negative intrusive thoughts: A closer examination of a religious neutralizing strategy*. In R. J. Jacoby (chair). *New directions in research on scrupulosity*. Paper presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
230. Dane, B., De Nadai, A., Jacob, M., Lewin, A., Muroff, J., **Abramowitz, J. S.**, Murphy, T., & Storch, E. (2014, November). *Clinical correlates of insight in childhood OCD*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
231. Clark, H. L., Fabricant, L. E., & **Abramowitz, J. S.** (2014, November). *Metacognitions and misappraisal of cravings in current and former smokers*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
232. Reuman, L., Jacoby, R. J., Fabricant, L. E., Harnsberger, K., & **Abramowitz, J. S.** (2014, November). *Stuck in my head: Musical obsessions and psychological flexibility*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
233. Reuman, L., Fabricant, L. E., Jacoby, R. J., & **Abramowitz, J. S.** (2014, November). *Predictors of obsessive-compulsive symptom dimensions: Cognitive fusion and obsessive beliefs*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
234. Fabricant, L. E., Jacoby, R. J., Reuman, L., & **Abramowitz, J. S.** (2014, November). *Measurement of OCD: Comparing self-report measures to the gold standard*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
235. Jacoby, R. J., Fabricant, L. E., Reuman, L., & **Abramowitz, J. S.** (2014, November). *What predicts the fear of contamination?* Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
236. Knowles, K. A., Berman, N. C., Fabricant, L. E., Jacoby, R. J., Mahaffey, B. L., Wheaton, M. G., & **Abramowitz, J. S.** (2014, November). *Emotion reactivity and obsessive-compulsive symptoms and cognitions*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

## 2015

237. Reuman, L., Ong, M-L., Youngstrom, E. A., & **Abramowitz, J. S.** (2015, August). *Differentiating obsessive-compulsive disorder from anxiety: Diagnostic validity of the Dimensional Obsessive-Compulsive Scale (DOCS)*. Poster presented at the 22<sup>nd</sup> Annual International OCD Foundation conference. Boston, MA.
238. Gomez, A. F., Hezel, D. M., **Abramowitz, J. S.**, & Berman, N. C. (November 2015). *Why do I think this way? The association between developmental experiences and a behavioral measure of thought-action fusion*. Poster presented at the 49<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention. Chicago, IL.

239. Gomez, A. F., Hezel, D. M., **Abramowitz, J. S.**, & Berman, N. C. (November 2015). *Positive Cognitive Biases in OCD: Relationship between developmental experiences and positive thought action fusion using a behavioral paradigm*. Poster presented at the 49<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention. Chicago, IL.
240. Reuman, L., Ong, M., **Abramowitz, J. S.**, & Youngstrom, E. A. (2015, November). *Differentiating obsessive-compulsive disorder: Diagnostic validity of the DOCS scale*. Poster presented at the 22<sup>nd</sup> Annual Conference of the International OCD Foundation. Boston, MA.
241. Jacoby, R. J., Reuman, L., Blakey, S. M., Wuensch, K., Pizzolato, S., & **Abramowitz, J. S.** (2015, November). *Enhancing the beads task as a behavioral measure of intolerance of uncertainty*. In R. J. Jacoby (chair) *Intolerance of uncertainty: A transdiagnostic perspective through different research paradigms*. Paper presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
242. Reuman, L., Jacoby, R. J., **Abramowitz, J. S.** (2015, November). *An examination of uncertainty-based reasoning*. In R. J. Jacoby (Chair). *Intolerance of uncertainty: A transdiagnostic perspective through different research paradigms*. Paper presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
243. Blakey, S. M., Jacoby, R. J., Reuman, L. & **Abramowitz, J. S.** (2015, November). *More than just anxiety: Relative contributions of experiential avoidance and distress tolerance to obsessive-compulsive-compulsive symptoms*. In S. M. Blakey (Chair) *Intolerance of internal experiences in OCD: Emerging findings concerning novel psychological mechanisms*. Paper presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
244. Jacoby, R. J., Leonard, R. C., Reuman, L., Balagopal, P., Blakey, S. M., Riemann, B. C., & **Abramowitz, J. S.** (2015, November). *Thought control strategies as mechanisms of symptom improvement following intensive exposure and response prevention: An examination across the obsessive-compulsive dimensions*. In N. van Kirk (Chair). *Correlates of treatment outcome in intensive/residential OCD treatment: Impact of underlying cognitive and emotional processes*. Paper presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
245. Fischer, M. S., Baucom, D. A., **Abramowitz, J. S.**, Kirby, J. S., Baucom, B., & Bulik, C. M. (2015, November). *Together or alone? A study of interpersonal and individual emotion regulation in the context of OCD and anorexia nervosa using speech signal processing*. In S. J. Fredman (Chair). *Beyond self-report: using couples interaction data to better understand couple aspects of individual psychopathology*. Paper presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
246. Blakey, S. M., Reuman, L., Jacoby, R. J., & **Abramowitz, J. S.** (2015, November). *Tracing "fearbola": The psychological predictors of anxious responding to the Ebola virus*. In S. M. Blakey (Chair). *Health anxiety across the life span: A renewed investigation of association psychological mechanisms*. Paper presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

247. Reuman, L., Jacoby, R. J., Blakey, S. M., & **Abramowitz, J. S.** (2015, November). *Predictors of family accommodation across fear-based disorders*. In L. Reuman (Chair) *Negative family involvement across fear-based disorders*.
248. Blakey, S. M., Reuman, L., Jacoby, R. J., Wuensch, K., Graziano, R., & **Abramowitz, J. S.** (2015, November). *Fearful responding to the ebola outbreak: Further examining the role of disgust in health anxiety*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
249. Gomez, A. F., Hezel, D. M., **Abramowitz, J. S.**, & Berman, N. C. (2015, November). *“Why do I think this way”? The association between developmental experiences and a behavioral measure of thought-action fusion*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
250. Hezel, D. M., Gomez, A. F., **Abramowitz, J. S.**, & Berman, N. C. (2015, November). *Positive cognitive biases in OCD: Relationship between developmental experiences and positive thought-action fusion using a behavioral paradigm*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
251. Nota, J. A., Blakey, S. M., George-Denn, D., Jacoby, R. J., Schubert, J., **Abramowitz, J. S.**, & Coles, M. (2015, November). *The experience of OCD-related intrusive thoughts in African and European Americans: testing the generalizability of cognitive models of OCD*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
252. Reuman, L., Ong, M., **Abramowitz, J. S.**, & Youngstrom, E. A. (2015, November). *Screening utility of the Dimensional Obsessive-Compulsive Scale in OCD assessment*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
253. Reuman, L., Jacoby, R. J., Blakey, S. M., & **Abramowitz, J. S.** (2015, November). *“Can’t settle for good enough”: Perfectionism, uncertainty, and self-efficacy in the context of maladaptive schemas and obsessive-beliefs*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
254. Ong, M., Reuman, L., Youngstrom, E. A., & **Abramowitz, J. S.** (2015, November). *Discriminative validity of the Dimensional Obsessive-Compulsive Scale: Separating OCD from anxiety disorders*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

## 2016

255. McFarlane, K. G., Sarda, A., Sternberg, L. H., **Abramowitz, J. S.**, & Wheaton, M. G. (2016, October). *Intolerance of uncertainty as a predictor of hoarding symptoms in an undergraduate sample*. Poster presented at the 50<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, New York, NY.
256. Blakey, S. M., **Abramowitz, J. S.**, Reuman, L., Leonard, R. C., & Riemann, B. C. (2016, October). *Anxiety sensitivity as a predictor of outcome in the treatment of obsessive-compulsive disorder*. Poster

presented at the 50<sup>th</sup> convention of the Association for Behavioral and Cognitive Therapies. New York City, NY.

257. Jacoby, R. J., Wheaton, M. G., & **Abramowitz, J. S.** (2016, October). *Examining attention bias in health anxiety: Null findings from the dot probe paradigm*. In. McLeish, A. C., & O'Brien, E. M. (chairs). *Recent advances in the study of health anxiety*. Paper presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
258. Richards, S., Reuman, L., & **Abramowitz, J. S.** (2016, October). *Anxiety sensitivity as a moderator of anxiety education and symptom accommodation*. Poster presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
259. McFarlane, K. G., Sarda, A., Steinberg, L., **Abramowitz, J. S.**, Wheaton, M. G. (2016, October). *Intolerance of uncertainty as a predictor of hoarding symptoms in an undergraduate sample*. Poster presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
260. Asofsky, S. & **Abramowitz, J. S.** (2016, October). *Predicting obsessive-compulsive symptom dimensions from obsessive beliefs and anxiety sensitivity*. Poster presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
261. Reuman, L., & **Abramowitz, J. S.** (2016, October). *The influence of positive and negative mood on "uncertainty-based reasoning"*. Poster presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

## 2017

262. Reuman, L. & **Abramowitz, J. S.** (2017, April). *Integrating an Inhibitory Learning Approach into Intensive Exposure Therapy for OCD*. In B. Hansen & M. Kampman (Chairs). *Tackling Severe OCD, Panic Disorder and PTSD with a Brief Intensive on CBT*. Paper presented at the Anxiety and Depression Association of America Annual Conference, San Francisco CA.
263. Reuman, L. & **Abramowitz, J. S.** (2017, April). *Non-anxious predictors of family accommodation in anxiety disorders*. Poster presented at the Anxiety and Depression Association of America Convention. San Francisco, CA
264. Reuman, L., Blakey, S. M., Jacoby, R. J., Riemann, B., & **Abramowitz, J. S.** (2017, April). *Intolerance of Uncertainty and Other Cognitive Constructs as Predictors of OCD Symptom Change*. In M. Oglesby (Chair). *Transdiagnostic risk factors for anxiety: A translational perspective through novel behavioral indicators and treatment paradigms*. Paper presented at the Anxiety and Depression Association of America Convention. San Francisco, CA
265. Jacoby, R. J., Reuman, L., Blakey, S. M., Hsu, S., Mansfield, D., & **Abramowitz, J. S.** (2017, April). *The effects of responsibility on uncertainty-related distress: An in vivo experimental study*. In M. Oglesby (Chair). *Transdiagnostic risk factors for anxiety: A translational perspective through novel*

*behavioral indicators and treatment paradigms.* Paper presented at the Anxiety and Depression Association of America Convention. San Francisco, CA

266. Overbey, T. A., Blakey, S. M., **Abramowitz, J. S.** & Wheaton, M. G. (2017, November). *I Fear, Therefore I Scan: Body Vigilance and the Link Between Anxiety Sensitivity and Health Anxiety.* Poster presented at the 51<sup>st</sup> annual convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
267. Buchholz, J. L., **Abramowitz, J. S.**, Riemann, B. C., Reuman, L., Blakey, S. M., & Leonard, R. C. (2017, November). *Scrupulosity, religious affiliation, and symptom presentation in obsessive-compulsive disorder.* In **J. S. Abramowitz** (Chair), *OCD in Diverse Contexts: Culture, Race, and Religion.* Paper presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
268. Jacoby, R. J., **Abramowitz, J. S.**, Blakey, S. M., & Reuman, L. (2017, November). *Study of the mechanisms of exposure therapy for obsessions; Gradual versus variable exposure intensity.* In K. Timpano (Chair). *Innovations in the treatment of obsessive-compulsive and related disorders.* paper presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
269. Abramovitch, A., Anholt, G., Raveh-Gottfried, S., Hamo, N., & **Abramowitz, J. A.** (2017, November). *IQ in OCD: A meta-analysis of a 120 year-old myth.* In L. S. Hallion & A. Abramovitch (Chairs). *Cognitive control, IQ, and inattention in OCD.* Paper presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
270. Reuman, L., **Abramowitz, J. S.** (2017). *Stuck in my head: Musical obsessions and psychological flexibility.* In D. Houghton (chair). *Sensory features of obsessive-compulsive related disorders: From community to clinical populations.* Paper presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
271. Reuman, L., Buchholz, J. L., Silver, R., Overbey, T., Arett, J., & **Abramowitz, J. S.** (2017, November). *Thoughts as facts: Cognitive fusion as a predictor of OCD symptom dimensions.* Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
272. Reuman, L., Blakey, S. M., Buchholz, J. L., & **Abramowitz, J. S.** (2017, November). *Beyond cognitive and relational-frame theories: Considering shame and self-disgust in body image concerns.* Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
273. Buchholz, J. L., Arett, J., Reuman, L., Blakey, S. M., & **Abramowitz, J. S.** (2017, November). *It's only a matter of time: Characteristics of student research participants who complete self-report measures.* Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

274. Reuman, L. R., Blakey, S. M., **Abramowitz, J. S.**, Leonard, R., & Riemann, B. C. (2018, April). *Anxiety sensitivity as a predictor of outcome in the treatment of obsessive-compulsive disorder*. In S. M. Blakey (chair). *The fear of fear and treatment outcome: The relation between anxiety sensitivity and CBT for anxiety-related disorders*. Symposium presented at the Annual Anxiety and Depression Association of America Conference.
275. Stark, A. C., Blakey, S. M., & **Abramowitz, J. S.** (2018, April). *The relative effects of anxiety sensitivity and distress tolerance on behavioral approach and peak distress following treatment for spider phobia*. Poster presented at the Annual Anxiety and Depression Association of America Conference.
276. Buchholz, J. L., Twohig, M., Reuman, L., Blakey, S. M., & **Abramowitz, J. S.** (2018, April). *Sudden Gains During Treatment of Obsessive-Compulsive Disorder*. Poster presented at the Annual Anxiety and Depression Association of America Conference.
277. Overbey, T. A., Reuman, L. & **Abramowitz, J. S.** (2018, April). *Experiential Avoidance, Cognitive Fusion, and Health Cognitions as Predictors of Health Anxiety Symptoms* Poster presented at the Annual Anxiety and Depression Association of America Conference.
278. Jacoby, R. J., **Abramowitz, J. S.**, Reuman, L., Blakey, S. M., Brown, M., Hsu, S., Mansfield, D., & Notman, N. (2018, April). *Questioning the Fear Hierarchy: Inducing Variability of Exposure Intensity for Obsessional Fears*. In S. Blakey (chair). *Optimizing Exposure: Maximizing the Effectiveness of Cognitive-Behavior Therapy for OCD*. Symposium presented at the Annual Anxiety and Depression Association of America Conference.
279. Blakey, S. M., **Abramowitz, J. S.**, Leonard, R., C. & Reuman, B. C. (2018, April). *Using Exposure and Response Prevention to Behaviorally Activate OCD Patients with Co-Occurring Depressive Symptoms*. In S. Blakey (chair). *Optimizing Exposure: Maximizing the Effectiveness of Cognitive-Behavior Therapy for OCD*. Symposium presented at the Annual Anxiety and Depression Association of America Conference.
280. Abramovitch, A., Anholt, G., Raveh-Gottfried, S., Hamo, N., **Abramowitz, J.S.** (2018, May) *Superior IQ in obsessive-compulsive disorder? A meta-analysis of a 115-year-old myth*. Paper presented at The 6th Annual Meeting of the European Association of Behavioral and Cognitive Therapies Special Interest Group on Obsessive-Compulsive Disorder, Assisi, Italy.
281. Martin, A., Buchholz, J., & **Abramowitz, J.S.** (2018, July). *Anxiety Sensitivity, Intolerance of Uncertainty, and Worry as Predictors of Scrupulosity in Individuals with Obsessive-Compulsive Disorder*. Poster presented at the 25<sup>th</sup> Annual OCD Conference, Washington D.C.
282. Martin, A., Reuman, L., Howard, J., Blakey, S., Buchholz, J., & **Abramowitz, J.S.** (2018, July). *The Interaction between Anxiety Sensitivity and Experiential Avoidance in Predicting Symptom Accommodation of Anxious Relatives*. Poster presented at the 25<sup>th</sup> Annual OCD Conference, Washington D.C.
283. Buchholz, J. L., Twohig, M. P., Reuman, L., Blakey, S. M., & **Abramowitz, J. S.** (2018, July). *Sudden gains during treatment of obsessive compulsive disorder*. In Pittenger, C. & Rodriguez, C. (chairs). IOCDF

Research Symposium. Presented at the 25<sup>th</sup> International OCD Foundation Convention.  
Washington, D.C.

284. Fischer, m. S., Baucom, D. H., **Abramowitz, J. S.**, & Baucom, B. R. W. (2018, November). *Emotion coregulation, accommodation, and moment-to-moment interdependence*. In Fischer, M. (chair) *Merging theory with methodological advances: Empirical applications of a dynamical systems framework for an in-depth understanding of couple functioning*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
285. Reuman, L., Blakey, S. M., Blakey, S. M., & **Abramowitz, J. S.** (2018, November). *Dysfunctional beliefs and flexibility in understanding body image disturbance*. In Summers, B., & Mathes, B. M. (chairs). *Recent advances in OC spectrum disorders: A transdiagnostic and translational perspective*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
286. Jacoby, R. J., **Abramowitz, J. S.**, Buchholz, J. L., Reuman, L. & Blakey, S. M. (2018, November). *Validation of the Acceptance and Action Questionnaire for OCD*. In R. Jacoby (chair). *Acceptance and anxiety: Recent advances in the assessment and treatment of anxiety disorders using and ACT framework*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
287. Reuman, L., Buchholz, J. L., & **Abramowitz, J. S.** (2018, November). *Acceptability and effectiveness of an app for social anxiety*. In J. L. Buchholz (chair). *Integrating mobile and internet technology with empirically supported treatment for anxiety and obsessive-compulsive disorder*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
288. Reuman, L. & **Abramowitz, J. S.** (2018, November). *A program to reduce symptom accommodation among caregivers of anxious relatives*. In L. Reuman (chair). *Helping others help less: Assessing and reducing symptom accommodation in fear-based disorders*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
289. Jacoby, R. J., Blakey, S. M., Reuman, L., **Abramowitz, J. S.** (2018, November). *Intolerance of uncertainty and mental rituals: Exposure outcomes for obsessional fears*. In M. Wheaton (chair). *Mediators of change and predictors of outcome with exposure-based CBT for OCD*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
290. Blakey, S. M., **Abramowitz, J. S.**, Twohig, M. P., Reuman, L., Buchholz, J. L., (2018, November). *Experiential avoidance and response to exposure and response prevention for OCD*. In M. Wheaton (chair). *Mediators of change and predictors of outcome with exposure-based CBT for OCD*. Paper presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
291. Stark, A. C., Overbey, T., Reuman, L., Buchholz, J. L., & Blakey, S. M., & **Abramowitz, J. S.** (2018, November). *The synergistic effect of cognitive fusion and experiential avoidance in explaining*

*distress*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.

292. Silver, R., Blakey, S. M., Stokes, E., Friedman, J., Buchholz J. L., Reuman, L., & **Abramowitz, J. S.** (2018, November). *Body vigilance in the prediction of health anxiety: The moderating role of experiential avoidance*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
293. Lanier, M. K., Buchholz, J. L., Reuman, L., Blakey, S. M., Twohig, M. P., & **Abramowitz, J. S.** (2018, November). *Obsessive beliefs, cognitive fusion, and experiential avoidance as predictors of obsessive-compulsive symptom dimensions*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
294. Hartsock, J. T., Blakey, S. M., Silver, R., Reuman, L., Buchholz, J. L., & **Abramowitz, J. S.** (2018, November). *Distress and distress tolerance of predictors of experiential avoidance*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.
295. Silver, R., A., Blakey, S. M., & **Abramowitz, J. S.** (2018, November). *The relative effects of body image disturbance and distorted beliefs about appearance in the prediction of pathological eating attitudes*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.

## 2019

296. Hellberg, S. N., Wieman, S. T., Ehinger, S., DeMartino, E., Griffith, O., Buchholz, J. L., & **Abramowitz, J. S.** (2019, July). *Guilt and cognitive fusion as potential pathways linking obsessive-compulsive symptoms to depression*. Poster presented at the annual meeting of the International OCD Foundation (IOCDF), Austin, TX.
297. Hellberg, S. N., Buchholz, J. L., & **Abramowitz, J. S.** (2019, July). *Understanding the link between insomnia and obsessive-compulsive symptoms: Cognitive fusion, anxiety sensitivity, and distress tolerance as potential mediators*. Poster presented at the annual meeting of the International OCD Foundation (IOCDF), Austin, TX.
298. Silver, R. A., Hellberg, S. N., **Abramowitz, J. S.**, & Timpano, K. (2019, July). *Investigating the Role of Responsibility Attitudes and Perceived Stress in Obsessive-Compulsive Symptoms in the Perinatal Period*. Poster presented at the annual meeting of the International OCD Foundation (IOCDF), Austin, TX.
299. **Abramowitz, J. S.**, Davidson, C. A., Buchholz, J. L., Waford, R., & Cattie, J. E. (2019, November). *Bridging anxiety, OCD, and psychosis to address overlapping symptoms and provide evidence-based care for comorbid presenting problems*. Panel presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
300. Van Dyk, I., Roddick, G., **Abramowitz, J. S.**, Rego, S. A., Chapman, K. L., Fristad, M. A., & Cassidy, C. (2019, November). *CBT in the media: Strategies for communicating cognitive-behavioral science*

*effectively*. Panel presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.

301. Farrell, N. R., **Abramowitz, J. S.**, Wolitzky-Taylor, K., Harned, M., Becker, C. B., & Riemann, B. (2019, November). *Extending the reach of exposure therapy: How can we maximize dissemination and delivery?* Panel presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
302. Carpenter, J., K., Fitzgerald, H. E., Craske, M. G., Otto, M., Hermans, D., Tolin, D. F., & **Abramowitz, J. S.** (2019, November). *Facing fear the right way: What we know and need to learn about maximizing exposure therapy outcomes*. Panel presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
303. Shaw, A., Doss, B., Hallberg, S. N., Schmidt, N. B., **Abramowitz, J. S.** & Timpano, K. R. (2019, November). *Untangling the association between postpartum obsessive-compulsions, couple satisfaction, and perceived stress*. In S. Hellberg & J. Abramowitz (chairs). *Advances in perinatal mental health: Extending the reach of cognitive-behavioral science to an understudied, vulnerable population*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
304. **Abramowitz, J. S.**, Buchholz, J. L., Timpano, K., R., & Hellberg, S. N. (2019, November). *Obsessive beliefs as a risk factor and potential target for the prevention of postpartum depression among individuals at high-risk for postpartum obsessive-compulsive symptoms*. In S. Hellberg & J. Abramowitz (chairs). *Advances in perinatal mental health: Extending the reach of cognitive-behavioral science to an understudied, vulnerable population*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
305. Singh, N., Hellberg, S. N., **Abramowitz, J. S.**, & Buchholz, J. L. (2019, November) *Employee assistance programs as a dissemination tool for internet-based cognitive-behavioral interventions*. In. Buchholz, J. L. (chair). *Using technology to enhance cognitive-behavioral interventions and reduce barriers to access*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
306. Buchholz, J. L. & **Abramowitz, J. S.** (2019, November). *Sudden gains during the cognitive-behavioral treatment of OCD*. In van Kirk, N. (chair). *Moderators and mediators in adult anxiety and obsessive-compulsive disorders*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
307. Reuman, L. R., **Abramowitz, J. S.** (2019, November). *Secondary benefits of a group intervention to reduce symptoms accommodation among caregivers of anxious relatives*. In. R. J. Jacoby, (chair). *Parenting with families in therapy: Leveraging family processes in the treatment of anxiety disorders*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
308. **Abramowitz, J. S.**, Smith, B., Fabricant, L. E., Jacoby, R. J., Morrison, K., Bluett, E., Reuman, L., Blakey, S. M., Ledermann, T., & Twohig, M. (2019, November). *Adding acceptance and commitment therapy to exposure and response prevention for obsessive-compulsive disorder: A randomized controlled*

trial. In. C. Ong (chair). *Using acceptance and commitment therapy for different clinical presentations: Evidence based adaptations*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.

309. Blakey, S. M., **Abramowitz, J. S.**, Buchholz, J. L., Jessup, S., Jacoby, R. J., Reuman, L., & Pentel, K. Z. (2019, November). *Response prevention or response permission? A randomized controlled trial of the judicious use of safety behaviors during exposure therapy*. In. J. L. Kaye (chair). *Exposure therapy: From bench to bedside*. Paper presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
310. Koppelman, C., Hellberg, S. N., Silver, R., DeMartino, E., Buchholz, J. L., Stark, C., Patel, N., **Abramowitz, J. S.** (2019, November). *Examining potential links in the relationship between sleep disturbance, depression, and anxiety: The roles of cognitive fusion, distress tolerance, and anxiety sensitivity*. Poster presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
311. Butcher, M., Hellberg, S. N., Ojalehto, H., Hucks, C., Griffith, O., Buchholz, J. L., & **Abramowitz, J. S.** (2019, November). *Sleep disturbance as a potential link in the coherence of depressive and obsessive-compulsive symptoms*. Poster presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
312. Patel, N., Hellberg, S. N., Lanier, M., Hucks, C., Koppelman, C., Lung, C., Buchholz, J. L., & **Abramowitz, J. S.** (2019, November). *Excessive guilt and guilt sensitivity differentially augment the cognitive-behavioral model of obsessive-compulsive symptoms across symptom dimensions*. Poster presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
313. Engher, S., Hellberg, S. N., DeMartino, E., Griffith, O., Buchholz, J. L., & **Abramowitz, J. S.** (2019, November). *Examining the mediating roles of guilt and cognitive fusion in the link between obsessive-compulsive symptom dimensions and depressive symptoms*. Poster presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
314. Butcher, M., Hellberg, S. N., Follet, L., Ojalehto, H., Buchholz, J. L., & **Abramowitz, J. S.** (2019, November). *Examining the mediating and moderating roles of distress tolerance in the relationship between anxiety, depression, and cognitive-behavioral coping styles*. Poster presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.

## 2020

315. Ojalehto, H. J., **Abramowitz, J. S.**, Hellberg, S. N., Buchholz, J. L., & Twohig, M. P. (2020 July). *Patient adherence as a predictor of outcome from ERP: Obsessive-compulsive symptom dimensions and maintenance factors*. Poster presented at the 27th Annual Convention of the International OCD Foundation (virtual conference).
316. Fischer, M., Wojda, A. K., Baucom, D. H., Ludwig, S., & **Abramowitz, J. S.** (2020, November). *Insight into OCD in an interpersonal context: Associations with perceived criticism and partners' symptom*

*accommodation*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).

317. Friedman, J., Hellberg, S. N., Butcher, M. W., Walsh, E., Sayers, K., Miyares, P., Ojalehto, H. J., Buchholz, J. L., & **Abramowitz, J. S.** (2020, November). *Emotion regulation difficulties as a potential mediator linking sleep disturbance to obsessive-compulsive symptoms*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
318. Nguyen, D., Hellberg, S. N., Butcher, M. W., Ojalehto, H. J., Buchholz, J. L., & **Abramowitz, J. S.** (2020, November). *Examining the interactive roles of sleep disturbance and distress tolerance in predicting depressive symptoms among individuals with elevated obsessive—compulsive symptoms (OCS)*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
319. Koppelman, C., Ojalehto, H. J., Miyares, P., DeMartino, E., Hellberg, S. N., Buchholz, J. L., & **Abramowitz, J. S.** (2020, November). *Obsessive beliefs in the prediction of posttraumatic stress symptoms*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
320. Butcher, M. W., Hellberg, S. N., Ojalehto, H. J., Buchholz, J. L., & **Abramowitz, J. S.** (2020, November). *Sensory processing sensitivity in the prediction of obsessive-compulsive symptoms*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
321. Ojalehto, H. J., Sayers, K., DeMartino, E., Daniely, T., Hellberg, S. N., Buchholz, J. L., & **Abramowitz, J. S.** (2020, November). *OCD symptoms in trauma-exposed individuals with and without probable PTSD*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
322. Friedman, J., Hellberg, S. N., Walsh, E., Sayers, K., Miyares, P., Ojalehto, H. J., Buchholz, J. L., & **Abramowitz, J. S.** (2020, November). *Investigating the relative specificity and strength of associations among emotion regulation difficulties and various mental health symptoms*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
323. Buchholz, J. L., Halverson, T., Ludwig, K., A., Penn, D. L., Browne, J., Gleeson, J., Alvarez-Jimenez, M., **Abramowitz, J. S.** (2020, November). *Anxiety sensitivity in individuals with first episode psychosis*. In J. L. Buchholz (chair) *Addressing diagnostic challenges in obsessive-compulsive disorder, psychosis, and autism spectrum disorder*. Paper presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
324. Hellberg, S. L., **Abramowitz, J. S.**, Ojalehto, H. J., Buchholz, J. L., & Riemann, B. C. (2020, November). *Exploring the prevalence and presentation of suicidal ideation in a large sample of individuals with primary OCD*. In S. N. Hellberg & J. S. Abramowitz (chairs) *Extending our understanding of suicidality and self-harm in obsessive-compulsive and anxiety-related disorders*. Paper presented at

the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).

325. Buchholz, J. L., Hellberg, S. N., Ojalehto, H. J., Blakey, S. M., & **Abramowitz, J. S.** (2020, November). *Treatment credibility and outcome expectancy as predictors of exposure therapy outcome*. In J. L., Buchholz (chair) *Understanding the therapeutic process of exposure therapy to optimize treatment*. Paper presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).
326. Ojalehto, H. J., **Abramowitz, J. S.**, Hellberg, S. N., Buchholz, J. L., & Twohig, M. P. (2020, November). *Patient adherence as a predictor of outcome from ERP: obsessive-compulsive symptom dimensions and maintenance factors*. In J. L., Buchholz (chair) *Understanding the therapeutic process of exposure therapy to optimize treatment*. Paper presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (virtual conference).

## WORKSHOPS, PANELS, AND INVITED LECTURES

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### 2000

1. Franklin, M. E., & **Abramowitz, J. S.** (2000). *Treatment of obsessive-compulsive disorder in adults and children*. Workshop presented at the 34<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, New Orleans, LA, November 17.
2. Grayson, J. B., Penzel, F. I., & **Abramowitz, J.S.** (2000). *Outpatient behavior therapy*. Workshop presented at the 7<sup>th</sup> Annual Conference of the Obsessive-Compulsive Foundation, Chicago, IL, August 12.
3. Neziroglu, F., Pollard, C. A., Bertman, L., Tarlow, L., Reimann, B., & **Abramowitz, J. S.** (2000). *Intensive behavior therapy*. Invited workshop presented at the 7<sup>th</sup> Annual Conference of the Obsessive-Compulsive Foundation, Chicago, IL, August 11.
4. Franklin, M. E., & **Abramowitz, J. S.** (2000). *Treatment of obsessive-compulsive disorder in children and adults*. Invited workshop presented at the Annual Meeting of the Pennsylvania Psychological Association, Harrisburg, PA, June 15.
5. Foa, E. B., Franklin, M. E., **Abramowitz, J. S.**, Tolin, D. F., & Yadin, E.. (2000). *Treatment of obsessive-compulsive disorder in adults*. Professional workshop presented at the University of Pennsylvania School of Medicine, Philadelphia, PA, April 14.
6. Foa, E. B., Franklin, M. E., **Abramowitz, J. S.**, Tolin, D. F., Yadin, E., & Zoellner, L. A. (2000). *Treatment of obsessive-compulsive disorder in children*. Professional workshop presented at the University of Pennsylvania School of Medicine, Philadelphia, PA, April 17.

### 2001

7. **Abramowitz, J. S.** (2001). *Treatment of Posttraumatic Stress Disorder*. Invited presentation to Zumbro Valley Psychological Assoc., Rochester, MN, August 8.
8. **Abramowitz, J. S.** (2001). *Assessment and Treatment of Obsessive-Compulsive disorder*. Grand Rounds Presentation, Mayo Clinic Department of Psychiatry and Psychology, Rochester, MN, October 2.
9. Franklin, M. E., & **Abramowitz, J. S.** (2001). *Treatment of obsessive-compulsive disorder in adults and children*. Invited workshop presented at the 35<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Philadelphia, PA, November 16.
10. Tolin, D. F., Addis, M., Bjorgvinsson, T., Antony, M., & **Abramowitz, J. S.**, (2001, November). *Fish out of water: Behavior therapy and research in nonbehavioral settings*. Panel Discussion at the 35<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

## 2002

11. **Abramowitz, J. S.** (2002, February). *What is OCD and what is not? A critique of the obsessive-compulsive spectrum concept*. Grand Rounds Presentation, Case Western Reserve, Cleveland, OH.
12. **Abramowitz, J. S.** (2002, March). *Obsessive-compulsive disorder in adults: Assessment and treatment with cognitive-behavioral therapy*. Workshop presented at the National Conference of the Anxiety Disorders Association of America, Austin, TX.
13. **Abramowitz, J. S.**, Kalsy, S. A., & Schwartz, S. A. (2002, May). *Assessment and treatment of adults and social phobia*. Workshop presented at the Annual Convention of the Minnesota Psychological Association, Bloomington, MN.
14. **Abramowitz, J. S.**, Carmin, C. (2002, August). *Postpartum OCD symptoms*. Workshop presented at the 9<sup>th</sup> Annual Obsessive-Compulsive Foundation Conference, Philadelphia, PA.
15. **Abramowitz, J. S.**, Phillipson, S., Pollard, C. A., & Wilhelm, S. (2002, August). *"Pure obsessions": Part I*. Workshop presented at the 9<sup>th</sup> Annual Obsessive-Compulsive Foundation Conference, Philadelphia, PA.
16. **Abramowitz, J. S.**, Gorbis, E., Mitchell, G., Munford, P., Phillipson, S., Pollard, C. A., Wilhelm, S., & Zasio, R. (2002, August). *"Pure obsessions" Part II: The treatment of OCD without behavioral compulsions*. Workshop presented at the 9<sup>th</sup> Annual Obsessive-Compulsive Foundation Conference, Philadelphia, PA.
17. **Abramowitz, J. S.** (2002, October). *Diagnosis and Treatment of Obsessive-Compulsive Disorder in Adults*. Lecture presented in the Minnesota Psychological Association First Friday Forum Series, Metropolitan State University, St. Paul, MN.
18. **Abramowitz, J. S.** (2002, November). *High Anxiety, Low Productivity: Is There a Connection?* Presentation to the Mayo Clinic Workplace Issues Forum, Mayo Clinic, Rochester, MN.

19. Franklin, M. E. & **Abramowitz, J. S.** (2002, November). *Cognitive-behavioral therapy by exposure and ritual prevention for OCD*. Master Clinician Seminar presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

### 2003

20. **Abramowitz, J. S.**, Schwartz, S. A., & Whiteside, S. P. (2003, February). *Assessment and treatment of hypochondriasis*. General Internal Medicine Grand Rounds Presentation, Mayo Clinic, Rochester, MN.
21. **Abramowitz, J.** (2003, March). *What is OCD and what is not? Perils and potentials of the OC spectrum concept*. Lecture presented at the 23<sup>rd</sup> Annual Conference of the Anxiety Disorders Association of America, Trononto, Ontario, Canada.
22. **Abramowitz, J.** & Schwartz, S. (2003, March). *Obsessive-compulsive disorder in adults: Assessment and treatment with cognitive-behavioral therapy*. Workshop presented at the 23<sup>rd</sup> Annual Conference of the Anxiety Disorders Association of America, Toronto, Ontario, Canada.
23. **Abramowitz, J. S.** (2003, April). *Treatment of obsessive-compulsive disorder with comorbid major depression*. Grand Rounds Presentation, Mayo Clinic Department of Psychiatry and Psychology, Rochester, MN.
24. **Abramowitz, J. S.**, Kalsy, S., A., & Schwartz, S. A. (2003, May). *Assessment and treatment of obsessional problems in children and adults*. Workshop presented at the 67<sup>th</sup> Annual Convention of the Minnesota Psychological Association, Bloomington, MN.
25. **Abramowitz, J. S.** (2003, July). *Diagnosis and treatment of hypochondriasis: An obsessive-compulsive spectrum disorder*. Workshop presented at the 10<sup>th</sup> Annual Obsessive-Compulsive Foundation Conference, Nashville, TN.
26. **Abramowitz, J. S.**, & Deacon, B. J. (2003, October). *Cognitive-behavior therapy for anxiety disorders*. Invited workshop presented at Franciscan Skemp Clinic, Lacrosse WI.
27. Carmin, C. (Moderator), Wiegartz, P., **Abramowitz, J. S.**, Pollard, C. A., Steketee, G. S., & Reimann, B. (2003, November). *Issues in the management of treatment-resistant obsessive-compulsive disorder and spectrum disorders*. Panel Discussion at the 37<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Boston, MA.
28. **Abramowitz, J. S.**, (Moderator), Kozak, M., J., Steketee, G. S., Tolin, D. F., & Wilhelm, S. (2003, November). *Cognitive and behavioral treatment procedures for obsessive-compulsive disorder: Methods and mechanisms*. Panel Discussion at the 37<sup>th</sup> Annual Conference of the Association for Advancement of Behavior Therapy, Boston, MA.

### 2004

29. **Abramowitz, J. S.** (2004, March). *Obsessive-compulsive disorder in adults: Assessment and Treatment with cognitive-behavioral therapy*. Workshop presented at the 24<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America, Miami, FL.
30. **Abramowitz, J. S.** (2004, March). *Understanding and treating OCD patients with mental compulsions*. Workshop presented at the 24<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America, Miami, FL.
31. **Abramowitz, J. S.** (2004, May). *Identifying and treating hypochondriasis*. In J. Grant (Chair), *Obsessive-compulsive spectrum disorders: Update on clinical management*. Symposium presented at the 157<sup>th</sup> Annual Meeting of the American Psychiatric Association, New York, NY.
32. **Abramowitz, J. S., & Whiteside, S. P.** (2004, May). *Cognitive-behavioral therapy for adult and pediatric obsessive-compulsive disorder: The basics*. CME Course presented at the 157<sup>th</sup> Annual Meeting of the American Psychiatric Association, New York, NY.
33. **Abramowitz, J. S., & Carmin, C. N.** (2004, July). *OCD symptoms during pregnancy and postpartum*. Workshop presented at the 11<sup>th</sup> Annual Obsessive Compulsive Foundation Conference, Chicago, IL.
34. **Abramowitz, J. S., & Carmin, C. N., Pollard, C. A., Riemann, B., Steketee, G., & Wiegartz, P.** (2004, July). *Issues in the identification and treatment of treatment-resistant OCD and spectrum disorders: A clinical roundtable*. Panel at the 11<sup>th</sup> Annual Obsessive Compulsive Foundation Conference, Chicago, IL.
35. Whiteside, S., **Abramowitz, J. S.**, Geda, Y., Van Loon, J., Seime, R., & Williams, M. (2004, October). *Integrating research into practice*. Grand Rounds Presentation, Mayo Clinic Department of Psychiatry and Psychology, Rochester, MN.
36. **Abramowitz, J. S.** (2004, October). *Severe health anxiety: Why it persists and how to treat it*. Invited lecture, Mayo Clinic, Rochester, MN.
37. **Abramowitz, J. S.** (2004, October). *Postpartum obsessions, anxiety, and depression*. Invited lecture, Mayo Clinic, Rochester, MN.
38. **Abramowitz, J. S. & Reimann, B.** (2004, November). *Recognizing and treating OCD in your practice*. Professional workshop sponsored by the Anxiety Disorders Association of America. Seattle, WA.
39. **Abramowitz, J. S., & Rector, N.** (2004, November). *Treating OCD patients who have comorbid depression*. Workshop presented at the 38<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
40. Carmin, C., Wiegartz, P., **Abramowitz, J. S.**, Pollard, A., Frost, R., & Reimann, B. (2004, November). *Management of treatment resistant OCD and obsessive-compulsive spectrum disorders*. Clinical Roundtable presented at the 38<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

41. **Abramowitz, J. S.** (2005, January). Postpartum Obsessive Compulsive Disorder. Grand Rounds Presentation, Mayo Clinic Department of Psychiatry and Psychology, Rochester, MN
42. **Abramowitz, J. S.** (2005, February). *Diagnosis and Treatment of Obsessive-Compulsive Disorder in Adults*. Invited lecture presented in the Minnesota Psychological Association First Friday Forum Encore Lecture Series, Metropolitan State University, St. Paul, MN.
43. Moore, S., Bttinger, J., Rauch, S., **Abramowitz, J. S.**, Roy-Byrne, P., & Uhde, T. (2005, March). *Bridging the gap between biopsychological technologies and clinical practice in the anxiety disorders*. Panel discussion presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
44. Carmin, C., Riemann, B., **Abramowitz, J.**, Steketee, G., Frost, R., & Pollard, C. A. (2005, March). *Issues in the management of treatment resistant OCD and spectrum disorders: A clinical exchange*. Panel discussion presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
45. **Abramowitz, J. S.**, & Riemann, B. (2005, March). *An introductory overview of obsessive-compulsive disorder: A cognitive behavioral approach*. Workshop presented at the Anxiety Disorders Association of America 25<sup>th</sup> Annual Conference, Seattle, WA.
46. **Abramowitz, J. S.** (2005, July). *CBT for OCD: What's the latest?* Workshop presented at the 12<sup>th</sup> annual conference of the Obsessive Compulsive Foundation Conference. San Diego, CA.
47. **Abramowitz, J. S.**, Carmin, C. N., Franklin, M. E., Frost, R. O., Riemann, B. C., Steketee, G. S., Wiegartz, P. S. (2005, July). *Issues in the management and treatment of OCD and OC spectrum disorders in adults and children*. Panel presented at the 12<sup>th</sup> annual conference of the Obsessive Compulsive Foundation. San Diego, CA.
48. **Abramowitz, J. S.** (2005, July). *Understanding and treating hypochondriasis*. Lecture presented at the 12<sup>th</sup> annual conference of the Obsessive Compulsive Foundation. San Diego, CA.
49. **Abramowitz, J. S.** & Whittal, M. (2005, November). *Integrating cognitive and behavioral therapy for obsessions*. Workshop presented at the 39<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies. Washington DC.
50. Carmin, C. N., **Abramowitz, J.**, Franklin, M. E., Frost, R. O., Pollard, C. A., Steketee, G., Riemann, B., & Wiegartz, P. (2005, November). *Management of treatment resistant OCD and spectrum disorders in children and adults*. Clinical Roundtable presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
51. Rosqvist, J., **Abramowitz, J. S.**, Bjorgvinsson, T., Cahill, S. P., Koch, W. J., Warren, R., Ost, L-G. (2005, November). *Live training expands clinical boundaries: solving dissemination issues and increasing utilization of exposure therapy for anxiety disorders*. Panel discussion presented at the 39<sup>th</sup> Annual Conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.

52. **Abramowitz, J.**, Dahlman, K., & Snuggerud, J. (2006, March). Listening to somatic complaints and hearing anxiety: *The conceptualization and treatment of medically unexplained symptoms*. Workshop presented at the 26<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America, Miami, FL.
53. Carmin, C., Frost, R., **Abramowitz, J.**, Pollard, C. A., Riemann, B., & Ownby, R. (2006, March). *Treatment resistant OCD and spectrum conditions: A clinical roundtable*. Presented at the 26<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America, Miami, FL.
54. **Abramowitz, J. S.**, Riemann, B. (2006, March). *Cognitive-behavioral treatment of OCD*. Training Institute given at the 26<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America, Miami, FL.
55. **Abramowitz, J. S.** (2006, April). *Diagnosis and treatment of obsessive-compulsive disorder in adults*. Workshop presented at the 70<sup>th</sup> Annual Conference of the Minnesota Psychological Association, Minneapolis, MN.
56. **Abramowitz, J. S.** (July, 2006). *Effective treatments for OCD: deciding what methods are best for whom*. Workshop presented at the 13 Annual Obsessive Compulsive Foundation Conference, Atlanta, GA.
57. **Abramowitz, J. S.** (July, 2006). *Helping an innocent sinner: treatment of scrupulous obsessions and compulsions*. Workshop presented at the 13 Annual Obsessive Compulsive Foundation Conference, Atlanta, GA.
58. **Abramowitz, J. S.** (October, 2006). *Obsessions and compulsions*. Invited lecture presented at the Idaho Conference on Healthcare, Pocatello, ID.
59. **Abramowitz, J. S.** (October, 2006). *Psychological treatment of obsessive-compulsive disorder*. Invited workshop presented at the Idaho Conference on Healthcare, Pocatello, ID.
60. **Abramowitz, J. S.** (November, 2006). *Beyond the blues: Recognizing and treating obsessive-compulsive disorder in the postpartum*. Invited lecture presented at the 20<sup>th</sup> Annual St. Joseph's Healthcare Symposium on Interface: Medicine and Psychiatry, Baltimore, MD.
61. **Abramowitz, J. S.** (November, 2006). *The nature and treatment of obsessive-compulsive disorder*. Lecture presented at the Directed Research Seminar in Social Psychology, University of North Carolina, Chapel Hill, NC.
62. Braddock, A., Deacon, B., **Abramowitz, J.**, Himle, & Moore, E. (2006, November). *Translating CBT for social anxiety to patients with medical problems*. Clinical round table presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
63. **Abramowitz, J. S.** (Moderator), Kozak, M., Rachman, S. J., Salkovskis, P., Steketee, G., & Clark, D. A. (2006, November). *Forty years of cognitive-behavioral treatment for OCD: past, present, and future*. Panel Discussion presented at the 40<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

64. **Abramowitz, J. S.** (2006, December). *Diagnosis and treatment of obsessive-compulsive disorder*. Invited lecture presented in the Clinical Psychology Internship didactics series, Department of Psychiatry, University of North Carolina at Chapel Hill.

**2007**

65. **Abramowitz, J. S.** (2007, January). *Understanding and treating hypochondriasis*. Invited lecture presented in the residents didactics series, Department of Psychiatry, University of North Carolina at Chapel Hill.
66. **Abramowitz, J. S.** (2007, February). *Diagnosis and treatment of obsessive-compulsive disorder*. Invited lecture presented at John Umstead State Hospital, Butner, NC.
67. **Abramowitz, J. S.** (2007, February). *Understanding and treating obsessive-compulsive disorder*. Invited workshop presented at the Winter Inservice for the Treatment and Education of Autistic and Related Communication Handicapped Children (TEACCH) Program, Chapel Hill, NC.
68. Whiteside, S. P., Ollendick, T., Deacon, B. J., & **Abramowitz, J. S.** (2007, March). *Intensive treatment for anxiety disorders: Making cognitive-behavioral therapy more available*. Panel presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
69. **Abramowitz, J. S.**, & Braddock, A. E. (2007, March). *Hypochondriasis and health anxiety: Cognitive-behavioral assessment and treatment*. Workshop presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
70. Carmin, C., **Abramowitz, J. S.**, Franklin, M. E., & Frost, R. O. (2007, March). *Treatment resistant OCD and spectrum conditions in adults and children*. Panel presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
71. **Abramowitz, J. S.** & Fredman, S. J. (2007, March). *Enhancing cognitive-behavioral treatment of anxiety disorder using a couples-based approach*. Invited workshop presented at the Anxiety Disorders Association of America 27<sup>th</sup> Annual Conference, St. Louis, MO.
72. **Abramowitz, J. S.** (2007, April). *Listening to hypochondriasis and hearing health anxiety: Understanding and treating unexplained somatic complaints*. Workshop presented at the North Carolina Psychological Association Spring Conference, Chapel Hill, NC.
73. **Abramowitz, J. S.** (2007, May). *Diagnosis and treatment of obsessive-compulsive disorder*. Grand Rounds presentation, Department of Psychiatry, University of North Carolina at Chapel Hill.
74. **Abramowitz, J. S.** (2007, July). *Hypochondriasis: When OCD poses as health anxiety*. Workshop presented at the 14<sup>th</sup> Annual Conference of the Obsessive Compulsive Foundation, The Woodlands (Houston) TX.
75. **Abramowitz, J. S.** (2007, July). *A couples-based approach to the treatment of OCD*. Workshop presented at the 14<sup>th</sup> Annual Conference of the Obsessive Compulsive Foundation, The Woodlands (Houston) TX.

76. **Abramowitz, J. S.** (2007, August). *Diagnosis and treatment of obsessive-compulsive disorder*. Continuing Education Workshop presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
77. **Abramowitz, J. S.** (2007, September). *Cognitive-behavioral approach to panic disorder*. Invited lecture presented in the residents didactics series, Department of Psychiatry, University of North Carolina at Chapel Hill.
78. **Abramowitz, J. S.** & Deacon, B.D. (2007, November). *Listening to hypochondriasis and hearing health anxiety: A cognitive-behavioral approach to assessment and treatment*. Master Clinician Seminar presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
79. Carmin, C., **Abramowitz, J. S.**, Franklin, M. E., Frost, R. O., Pollard, C. A., Riemann, B. (2007, November). *Management of treatment resistant OCD and spectrum disorders in children and adults*. Clinical Round Table presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

#### 2008

80. Lydiard, R. B. & **Abramowitz, J. S.** (2008, March). *Interventions for coexisting anxiety and unexplained physical complaints*. In Lydiard, R. B. & Abramowitz, J. S. (co-chairs) *It hurts here: Treating anxiety and medical symptoms*. Symposium presented at the Anxiety Disorders Association of America Annual Conference. Savannah, GA.
81. **Abramowitz, J. S.** (2008, August). *Beyond the blues: Postpartum OCD*. Workshop presented at the annual meeting of the Obsessive Compulsive Foundation. Boston, MA.
82. **Abramowitz, J. S.**, & Fredman, S. (2008, August). Enhancing CBT for OCD using a couples-based approach. Workshop presented at the annual meeting of the Obsessive Compulsive Foundation. Boston, MA.
83. **Abramowitz, J. S.** (2008, August). *CBT for OCD: What's the latest?* Workshop presented at the annual meeting of the Obsessive Compulsive Foundation. Boston, MA.
84. **Abramowitz, J. S.** (2008, September). *A couples-based approach to the treatment of OCD*. Invited lecture presented at the Annual meeting of the New Jersey Affiliate of the Obsessive Compulsive Foundation. Somerset, NJ.
85. **Abramowitz, J. S.** (2008, October). *Integrating cognitive and behavioral techniques in the treatment of obsessive-compulsive disorder*. Invited lecture presented as part of the University of North Carolina School of Social Work Clinical Lecture Series.

#### 2009

86. **Abramowitz, J. S.** (2009, March). *OCD: Why it persists and how to treat it*. Invited colloquium presented at the University of Wyoming Department of Psychology. Laramie, WY.

87. **Abramowitz, J. S.** & Riemann, B. (2009, March). *Troubleshooting in cognitive-behavioral therapy for OCD: A clinician's forum*. Workshop presented at the 29th Annual Conference of the Anxiety Disorders Association of America. Albuquerque, NM.
88. **Abramowitz, J. S.** & Riemann, B. (2009, March). *Obsessive-compulsive disorder in adults: Assessment and treatment with cognitive-behavioral therapy*. Workshop presented at the 29th Annual Conference of the Anxiety Disorders Association of America. Albuquerque, NM.
89. **Abramowitz, J. S.** & Moore, K. M. (2009, August). *Beyond the blues: OCD in pregnancy and the postpartum*. Workshop presented at the 16<sup>th</sup> Annual Obsessive Compulsive Foundation Conference. Minneapolis, MN.
90. **Abramowitz, J. S.** & Riemann, B. (2009, August). *Troubleshooting in cognitive-behavioral therapy for adults with OCD: A clinician's forum*. Workshop presented at the 16<sup>th</sup> Annual Obsessive Compulsive Foundation Conference. Minneapolis, MN.
91. Carmin, C. N., **Abramowitz, J. S.** Franklin, M. E., Frost, R. O., Steketee, G., Pollard, C. A., & Riemann, B. (2009, August). *Managing treatment resistant OCD and OC spectrum disorders in adults and kids: A roundtable*. Workshop presented at the 16<sup>th</sup> Annual Obsessive Compulsive Foundation Conference. Minneapolis, MN.
92. **Abramowitz, J. S.** (2009, August). *CBT for OCD: An update for consumers and families*. Workshop presented at the 16<sup>th</sup> Annual Obsessive Compulsive Foundation Conference. Minneapolis, MN.
93. **Abramowitz, J. S.** & Whiteside, S. P. H. (2009, August). *Family accommodation of children's OCD symptoms: Why it's a problem and what you can do about it*. Workshop presented at the 16<sup>th</sup> Annual Obsessive Compulsive Foundation Conference. Minneapolis, MN.

## 2010

94. **Abramowitz, J. S.**, Phillips, K., Stein, D., Lewis-Fernandez, R., Pine, D., Rego, S., Wilson, R., & Riemann, B. (2010, March). *DSM-V: It's impact on practice and research*. Panel presented at the 30<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD.
95. Riemann, B., & **Abramowitz, J. S.** (2010, March). *Troubleshooting in cognitive-behavioral therapy for OCD: A clinician's forum*. Workshop presented at the 30<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD.
96. McGrath, P., Björgvinsson, T., **Abramowitz, J. S.**, Whiteside, S., & Egan-Stack, D. (2010, March). *The ethics of exposure: Is there such a thing as too far?* Panel presented at the 30<sup>th</sup> Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD.
97. **Abramowitz, J. S.** (2010, May). *Psychological treatment of obsessive-compulsive disorder*. Master Class presented at the Karolinska Institute, Stockholm, Sweden.

98. **Abramowitz, J. S.** (2010, May). *Towards DSM-V: What disorders are anxiety disorders?* Stockholm Psychiatry Lecture presented at the Karolinska Institute, Stockholm, Sweden.  
(<http://www.youtube.com/watch?v=P-I2UITG6fw&feature=related>)
99. **Abramowitz, J. S., & Whittal, M. L.** (2010, June). Treating OCD: How to supercharge exposure therapy with the latest cognitive techniques. Invited workshop presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
100. Carmin, C., **Abramowitz, J. S.**, Frost, R., Franklin, M. E., Pollard, C. A., Wiegartz, P., & Whittal, M. (2010, June). *Treatment resistant OCD and spectrum conditions in children and adults*. Panel presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Boston, MA.
101. Rego, S. A., **Abramowitz, J. S.**, Caballo, V., Chen, J., Huppert, J. D., & Robles, R. (2010, June). *Implementing cognitive-behavioral therapy for the anxiety disorders around the world: Cultural considerations and challenges*. Panel presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Boston, MA.
102. **Abramowitz, J. S.** & Moore, K. M. (2010, July). *Beyond the blues: OCD in pregnancy and the postpartum*. Lecture presented at the 17<sup>th</sup> Annual Conference of the International OCD Foundation, Washington DC.
103. **Abramowitz, J. S.** (2010, July). *CBT for OCD: An update for consumers and families*. Lecture presented at the 17<sup>th</sup> Annual Conference of the International OCD Foundation, Washington DC.
104. **Abramowitz, J. S.** & Tolin, D. F. (2010, July). *Troubleshooting in cognitive-behavioral therapy for OCD: A clinician's forum*. Workshop presented at the 17<sup>th</sup> Annual Conference of the International OCD Foundation, Washington DC.
105. **Abramowitz, J. S.** (2010, August). *Psychological treatment of anxiety disorders*. Week-long symposium presented as part of the 27<sup>th</sup> Annual Cape Cod Summer Symposia (August 9-13), Eastham, MA.
106. **Abramowitz, J. S.** (2010, September). *Effective strategies for treating anxiety and fear*. Workshop presented as part of the University of Connecticut Health Center's Master Therapists (2010-2011) Series. Farmington, CT.
107. Carmin, C., **Abramowitz, J. S.**, Franklin, M. E., Frost, R., Pollard, C. A., Riemann, B., & Steketee, G. (2010, November). *Managing treatment resistant OCD and spectrum conditions in adults and children*. Panel presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
108. Elias, J., Gruner, N., Twohig, M. P., Szymanski, J., Moquin, D., & **Abramowitz, J. S.** (2010, November). *Treatment of OCD during the CBT renaissance*. Clinical roundtable presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
109. **Abramowitz, J. S.** (2010, November). *CBT for OCD: A symptom dimension approach*. Workshop presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

## 2011

110. McGrath, P. B., Pollard, C. A., Bjorgvinsson, T., Riemann, B., **Abramowitz, J. S.**, & Deacon, B. J. (2011, March). Innovation in ERP: How do you expose someone to \_\_\_\_? Workshop presented at the 31<sup>st</sup> Annual Conference of the Anxiety Disorders Association of America, New Orleans, LA.
111. Riemann, B., & **Abramowitz, J. S.** (2011, March). *Troubleshooting in cognitive-behavioral therapy for OCD: A clinician's forum*. Workshop presented at the 31<sup>st</sup> Annual Conference of the Anxiety Disorders Association of America. New Orleans, LA.
112. Carmin, C., **Abramowitz, J. S.**, Franklin, M. E., Pollard, C. A., Riemann, B., & Steketee, G. (2011, March). *Managing treatment resistant OCD and spectrum conditions in adults and children*. Panel presented at the 31<sup>st</sup> Annual Convention of the Anxiety Disorders Association of America, New Orleans, LA.
113. **Abramowitz, J. S.** (2011, May). *What is OCD and what isn't*. Invited lecture presented at the 32<sup>nd</sup> Annual Teaching and Education of Autistic and Communication Related Handicapped Children (TEACCH) Conference, Chapel Hill, NC.
114. Riemann, B., & **Abramowitz, J. S.** (2011, July). *Troubleshooting in cognitive-behavioral therapy for OCD: A clinician's forum*. Workshop presented at the 18<sup>th</sup> Annual Conference of the International Obsessive-Compulsive Disorder Foundation. San Diego, CA.
115. **Abramowitz, J. S.** & Riemann, B. (2011, July). Standing up to shocking obsessions. Workshop presented at the 18<sup>th</sup> Annual Conference of the International Obsessive-Compulsive Disorder Foundation. San Diego, CA.
116. **Abramowitz, J. S.** (2011, August). Psychological treatment of anxiety disorders. Week-long symposium presented as part of the 27th Annual Cape Cod Summer Symposia (August 9-13), Eastham, MA.
117. **Abramowitz, J. S.** (2011, September). *Treatment of obsessive-compulsive disorder: From theory to therapy*. Invited lecture presented to the University of North Carolina at Charlotte Psi Chi chapter.
118. **Abramowitz, J. S.** (2011, September). *Exposure and response prevention for OCD symptom dimensions: Beyond the basics*. Workshop presented as part of the Rogers Hospital Center for Research and Training Professional Development Series. Oconomowoc, WI.
119. **Abramowitz, J. S.** (2011, October). *Hypochondriasis*. Workshop presented as part of the International Obsessive-Compulsive Disorder Foundation's Behavior Therapy Training Institute. Chapel Hill, NC.
120. Carmin, C., N., **Abramowitz, J. S.**, Franklin, M. E., Frost, R. O., Steketee, G. S., Pollard, C. A., Riemann, B. C., & Coles, M. E. (2011, November). *Issues in managing treatment resistant OCD and spectrum disorders in children and adults*. Clinical Round Table presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.

121. Schare, M. L., Grayson, J., **Abramowitz, J. S.**, & McKay, D. (2011, November). *Art of exposure therapy: Reality beyond the guidebooks*. Panel presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
122. **Abramowitz, J. S.**, Deacon, B. J., & Whiteside, S. P. (2011, November). *Exposure therapy for anxiety: Basics and beyond*. Workshop presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.

## 2012

123. **Abramowitz, J. S.** (2012, January). *The nature and treatment of OCD*. Lecture presented for Clinical Connections at the Levin Jewish Community Center. Durham, NC.
124. **Abramowitz, J. S.** (2012, January). *Cognitive-behavioral therapy for obsessive-compulsive disorder*. Training workshop presented as part of the North Carolina Area Health Education Center (AHEC) – Eastern Region training series. Greenville, NC.
125. **Abramowitz, J. S.** (2012, March). *CBT for OCD: tricks of the trade*. Training workshop presented for the Northern California CBT Network. Berkeley, CA
126. **Abramowitz, J. S.**, Wheaton, M. G., & Berman, N. C. (2012, April). Assessment of OCD: From A to Z. Clinical workshop presented at the 32<sup>nd</sup> Annual Convention of the Anxiety and Depression Association of America. Alexandria, VA.
127. **Abramowitz, J. S.** (2012, July). *Psychological treatment of anxiety disorders*. Week-long symposium presented as part of the 27<sup>th</sup> Annual Cape Cod Summer Symposia (August 9-13), Eastham, MA.
128. **Abramowitz, J. S.**, McKay, D., & Grant, J. (2012, July). *Ask the editors: How to get published in OCD*. Panel presented at the 19<sup>th</sup> Annual Convention of the International Obsessive-Compulsive Disorder Foundation. Chicago, IL.
129. Twohig, M. P. & **Abramowitz, J. S.** (2012, July). *The integration of ACT and ERP*. Panel presented at the 19<sup>th</sup> Annual Convention of the International Obsessive-Compulsive Disorder Foundation. Chicago, IL.
130. **Abramowitz, J. S.** (2012, September). *Best practices: Anxiety*. Training workshop presented as part of the North Carolina Area Health Education Center (AHEC) – Seacoast Region training series. Wilmington, NC.
131. **Abramowitz, J. S.** (2012, September). *Psychological Treatment of Panic and Phobias*. Training workshop presented as part of the North Carolina Area Health Education Center (AHEC) – Seacoast Region training series. Wilmington, NC.
132. **Abramowitz, J. S.** (2012, October). *Health anxiety and hypochondriasis: A cognitive-behavioral approach*. Minnesota Psychological Association Distinguished Scholar Lecture. Minneapolis, MN.

133. **Abramowitz, J. S.** (2012, October). *Couple-based treatment of Obsessive-Compulsive Disorder*. Grand Rounds lecture presented at Mayo Clinic. Rochester, MN.
134. **Abramowitz, J. S.** & Deacon, B. J. (2012, November). *Exposure therapy for anxiety: Basics and beyond*. Preconference institute presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
135. Carmin, C., **Abramowitz, J. S.**, Franklin, M. E., Frost, R. O., Pollard, C. A., Riemann, B. C., & Steketee, G. (2012, November). *Treatment resistant OCD and spectrum conditions in adults and children*. Clinical round table presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
136. Clark, D. A., & **Abramowitz, J. S.** (2012, November). *Cold case analysis: Refining cognitive and behavioral strategies for treatment-resistant anxiety*. Workshop presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
137. Schare, M. L., **Abramowitz, J. S.**, McKay, D. & Grayson, J. (2012, November). *Art of exposure therapy: Applying innovation and flexibility*. Panel discussion presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.

### 2013

138. **Abramowitz, J. S.** (2013, July). *Exposure and response prevention treatment of OCD: A role play demonstration*. Workshop presented at the 20<sup>th</sup> Annual Conference of the International OCD Foundation. Atlanta, GA.
139. **Abramowitz, J. S.** & Jacoby, R. J. (2013, July). *Partner accommodation of OCD symptoms: Why it's a problem and what you can do about it*. Workshop presented at the 20<sup>th</sup> Annual Conference of the International OCD Foundation. Atlanta, GA.
140. **Abramowitz, J. S.** & Jacoby, R. J. (2013, July). *Addressing relapse in CBT for OCD: Optimizing long-term treatment outcomes*. Workshop presented at the 20<sup>th</sup> Annual Conference of the International OCD Foundation. Atlanta, GA.
141. Riemann, B. C., **Abramowitz, J. S.**, Twohig, M. P., & Wilson, R. (2013, July). *Four psychological treatment approaches for OCD: A Q&A Panel of experts*. Panel presented at the 20<sup>th</sup> Annual Conference of the International OCD Foundation. Atlanta, GA.
142. **Abramowitz, J. S.** (2012, July). *Psychological treatment of anxiety disorders*. Week-long symposium presented as part of the 27<sup>th</sup> Annual Cape Cod Summer Symposia (August 9-13), Eastham, MA.
143. **Abramowitz, J. S.** & Jacoby, R. J. (2013, November). *Optimizing Long-Term Outcomes for OCD Using an Inhibitory Learning Approach*. Master Clinician Seminar presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville TN.
144. Carmin, C. N., **Abramowitz, J. S.**, Franklin, M. E., Frost, R., Pollard, C. A., Riemann, B. C., & Steketee, G. (2013, November). *Treatment resistant OCD and spectrum conditions and children and adults*.

Clinical Round Table presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville TN.

145. Shafran, R., **Abramowitz, J. S.**, Baucom, D. A., Twohig, M. P. & Whittall, M. (2013, November). *More similar than different? Four CBT approaches to the treatment of a client with a complex presentation of OCD*. Clinical Round Table presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Nashville TN.

#### 2014

146. Fischer, M. S., Abramowitz, J. S., & Baucom, D. H. (2014, May). *Paarbasierte Behandlung von Zwangsstörungen – Ergebnisse einer Pilotstudie*. Poster presented at the 32<sup>nd</sup> Symposiums der Fachgruppe für Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie, Braunschweig, Germany.
147. **Abramowitz, J. S.**, Tarlow, G., Riemann, B. C., & Pollard, C. A. (2014, July). *The FAQs of ERP: Experts tackle key questions about exposure and response prevention*. Panel presented at the 21<sup>st</sup> annual conference of the International Obsessive-Compulsive Disorder Foundation. Los Angeles, CA.
148. **Abramowitz, J. S.** & Jacoby, R. J. (2014, July). *New directions in implementing exposure and response prevention: An inhibitory learning perspective*. Workshop presented at the 21<sup>st</sup> annual conference of the International Obsessive-Compulsive Disorder Foundation. Los Angeles, CA.
149. **Abramowitz, J. S.**, McKay, D., Wilhelm, S., & Neziroglu, F., & Khemlani-Patel, S. (2014, July). *Role of insight in the treatment of OCD Related disorders*. Panel presented at the 21<sup>st</sup> annual conference of the International Obsessive-Compulsive Disorder Foundation. Los Angeles, CA.
150. **Abramowitz, J. S.**, Jacoby, R. J., Fabricant, L. E., & Reuman, L. (2014, July). *ACT and Exposure: Finding common ground and getting the best of both worlds*. Workshop presented at the 21<sup>st</sup> annual conference of the International Obsessive-Compulsive Disorder Foundation. Los Angeles, CA.
151. **Abramowitz, J. S.**, & Jacoby, R. J., (2014, November). *ACT and Exposure: A combined approach to enhance treatment engagement*. Invited workshop presented at the University of North Carolina School of Social Work Clinical Lecture Series. Chapel Hill, NC.

#### 2015

152. **Abramowitz, J. S.**, Jacoby, R. J., Blakey, S.B. & Reuman, L. (2015, April). *Exposure treatment of anxiety: State of the Art*. Invited lecture at Appalachian State University, Boone, NC.
153. **Abramowitz, J. S.** (2015, June). *Understanding and treating scrupulosity*. Grand rounds presentation at the Psychiatry Department, Vanderbilt University, Nashville, TN.
154. Blakey, S. M. & **Abramowitz J. S.** (2015, August). *Interoceptive exposure: An underused weapon in the arsenal against OCD*. Workshop presented at the 22<sup>nd</sup> annual International OCD Foundation conference. Boston, MA.

155. Neziroglu, F., Hoffman, J. H., **Abramowitz, J. S.**, & Moritz, E. K. (2015, August). *How to do exposures for complex OCD*. Panel presented at the 22<sup>nd</sup> annual International OCD Foundation conference. Boston, MA.
156. Conelea, C. A., Benito, K., **Abramowitz, J. S.**, Arch, J. J., & Twohig, M. P. (2015, November). *Exposure process: Using CBT theory to inform the “dos and don’ts of conducting exposure for OCD*. Panel discussion presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
157. Whittal, M., Shafran, R., **Abramowitz, J. S.**, Twohig, M. P., Titch, D., & Kyrios, M. (2015). *Treating OCD: Perspectives from five empirically supported approaches*. Clinical Round Table presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
158. Franklin, M. E., McLean, C. P., Kvale, G., Hansen, B., & **Abramowitz, J. S.** (2015, November). *Dissemination and implementation of evidence-based treatments for anxiety disorders*. Clinical Round Table presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
159. **Abramowitz, J. S.** (2015, November). *Are the obsessive-compulsive related disorders related to obsessive-compulsive disorder? A critical look at DSM-5’s new category*. Presidential Address at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

## 2016

160. **Abramowitz, J. S.** (2016, April). *Hypochondria, Health Anxiety, Health-Related OC*. Workshop presented to the New Jersey Association of Cognitive-Behavioral Therapists. Newark, NJ.
161. **Abramowitz, J. S.** (2016, April). *New Concepts in Exposure for Anxiety Disorders: Inhibitory learning and acceptance*. Workshop presented to the New Jersey Association of Cognitive-Behavioral Therapists. Newark, NJ.
162. **Abramowitz, J. S.** (2016, July). *Pre-conference training session: Professional consultation group leader*. 32<sup>nd</sup> annual International OCD Foundation Conference. Chicago, IL
163. **Reuman, L. & Abramowitz, J. S.** (2016, July). *Loving someone who hates their looks: A couple-based approach to CBT for BDD*. Workshop presented at the 32<sup>nd</sup> annual International OCD Foundation Conference. Chicago, IL.
164. **Abramowitz, J. S.**, Riemann, B., Grayson, J. B., Storch, E. A., & Wilhelm, S. (2016). *50 years of exposure and response prevention for OCD: Past, present, & future*. Panel at the presented 32<sup>nd</sup> annual International OCD Foundation Conference. Chicago, IL
165. **Abramowitz, J. S.**, Reuman, L., Blakey, S. M., & Jacoby, R. J. (2016, July). *New directions in exposure therapy for OCD; Using the inhibitory learning approach*. Workshop presented at the 32<sup>nd</sup> annual International OCD Foundation Conference. Chicago, IL.

166. **Abramowitz, J. S.** & Blakey, S. M. (2016, July). *Interceptive exposure: An underused weapon in the arsenal against OCD*. Workshop presented at the 32<sup>nd</sup> annual International OCD Foundation Conference. Chicago, IL.
167. **Abramowitz, J. S.** (2016, October). *New directions in exposure therapy for OCD: Inhibitory learning and acceptance and commitment therapy (ACT)*. Training workshop presented to OCD Jacksonville. Jacksonville, FL.
168. **Abramowitz, J. S.**, Foa, E. B., Simpson, H. B., Franklin, M. E., Storch, E. A., Wilhelm, S., & Salkovskis, P. M. (2016, October). *50 Years of cognitive-behavioral treatment for OCD: Past, Present, and Future*. Panel discussion presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
169. Blakey, S. M., & **Abramowitz, J. S.** (2016, October). *Interceptive exposure: An underutilized therapeutic tool in the treatment of OCD*. Workshop presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
170. **Abramowitz, J. S.** (2016, October). *The inhibitory learning approach to exposure therapy: Principles and practice*. Clinical Grand Rounds presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

#### 2017

171. Ellard, K., **Abramowitz, J. S.**, Deacon, B. J., Hofmann, S., Seigle, G., & Whitfield-Gabriele, S. (2016, October). *CBT in the era of the brain initiative: Where do we go from here?* Panel discussion presented at the 50 annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
172. **Abramowitz, J. S.**, Hansen, B., Kampman, M., Riemann, B., & Wilhelm, S. (2017, April). *Brief intensive CBT for OCD*. Panel presented at the Anxiety and Depression Association of America Annual Conference, San Francisco CA.
173. **Abramowitz, J. S.** (2017, April). *New directions in exposure therapy for anxiety: An inhibitory learning perspective*. Grand Rounds presented at the University of Kentucky Department of Psychiatry, Lexington, KY.
174. **Abramowitz, J. S.** (2017, September). *Understanding and treating social anxiety disorder*. Lecture presented for Clinical Connections at the Levin Jewish Community Center. Durham, NC.
175. McGinn, L. K., **Abramowitz, J. S.**, Radomsky, A. S., & Twohig, M. P. (2017, November). *Do all roads lead to Rome? Examining the treatment of OCD from different theoretical perspectives*. Panel presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
176. Blakey, S. M., & **Abramowitz, J. S.** (2017, November). *Beyond panic: Applying interoceptive exposure across the anxiety-related conditions and life span*. Workshop presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

177. Blakey, S. M., **Abramowitz, J. S.**, Deacon, B. J., Tolin, D. F., & Radomsky, A. S. (2017, November). *Prevent or permit: The issue of safety behavior use during exposure therapy for anxiety*. Panel presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

### 2018

178. **Abramowitz, J. S.** (2018, April). *Interoceptive Exposure for OCD: An Underused Weapon in the Arsenal Against Obsessions and Compulsions*. Workshop presented at the Annual Anxiety and Depression Association of America Conference, Washington DC.
179. Blakey, S. M. & **Abramowitz, J. S.** (2018, April). *New Developments in Exposure Therapy for Anxiety and Related Disorders: The Inhibitory Learning Approach*. Workshop presented at the Annual Anxiety and Depression Association of America Conference, Washington DC.
180. Reuman, L., & **Abramowitz, J. S.** (2018, April). *Synergizing Exposure Therapy with ACT: Acceptance-Based Exposure*. Workshop presented at the Annual Anxiety and Depression Association of America Conference, Washington DC.
181. **Abramowitz, J. S.** & Buchholz, J. L. (2018, July). *Maximizing the effectiveness of exposure therapy by optimizing inhibitory learning*. Workshop presented at the 25<sup>th</sup> Annual Conference of the International OCD Foundation, Washington, DC.
182. **Abramowitz, J. S.** (2018, July). *Family affair: Involving a partner or spouse in exposure and response prevention for OCD*. Workshop presented at the 25<sup>th</sup> Annual Conference of the International OCD Foundation, Washington, DC.
183. Twohig, M. & **Abramowitz, J. S.** (2018, July). *How to do exposure and response prevention from an ACT model*. Workshop presented at the 25<sup>th</sup> Annual Conference of the International OCD Foundation, Washington, DC.
184. **Abramowitz, J. S.** (2018, October). *Couple-based approaches to the treatment of OCD*. Workshop presented at the International OCD Foundation Behavior Therapy Training Institute Advanced Forum, Boston, MA.
185. Blakey, S. M., Jacoby, R. J., & **Abramowitz, J. S.** (2018, November). *Desirable difficulties: Optimizing exposure therapy for anxiety through inhibitory learning*. Institute presented at the 52<sup>nd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Washington DC.

### 2019

186. **Abramowitz, J. S.** (2019, January). *Recent advances in exposure therapy for OCD. The inhibitory learning perspective*. Grand Rounds lecture for the University of North Carolina School of Medicine Department of Psychiatry. Chapel Hill, NC
187. **Abramowitz, J. S.** (2019, February). *Illness anxiety*. Workshop presented at the International OCD Foundation Behavior Therapy Training Institute. Atlanta, GA.

188. Buchholz, J. L. & **Abramowitz, J. S.** (2019, July). *CBT for OCD: An overview and update for consumers and families*. Workshop presented at the 26th annual convention of the International OCD Foundation. Austin, TX.
189. Buchholz, J. L. & **Abramowitz, J. S.** (2019, July). *Synergizing Exposure therapy with ACT: Acceptance-based ERP*. Workshop presented at the 26th annual convention of the International OCD Foundation. Austin, TX.
190. Buchholz, J. L. & **Abramowitz, J. S.** (2019, July). *New developments in exposure therapy: Implementing and inhibitory learning approach*. Workshop presented at the 26th annual convention of the International OCD Foundation. Austin, TX.
191. **Abramowitz, J. S.** (2019, September). *Family affair: How to effectively support your loved one with OCD*. Workshop presented to the Jacksonville Obsessive-Compulsive Foundation.
192. **Abramowitz, J. S.** (2019, October). *Treatment of OCD using exposure and response prevention*. Invited workshop presented for Third Wave Psychotherapy Group. Raleigh, NC.
193. **Abramowitz, J. S.**, Jacoby, R. J., & Blakey, S. M. (2019, November). *Desirable difficulties: Optimizing exposure therapy for anxiety through inhibitory learning*. Institute presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Atlanta, GA.

## 2020

194. **Abramowitz, J. S.** (2020, May). *Applications of inhibitory learning to exposure therapy*. Workshop presented to the Hawaii Psychological Association, Honolulu, HI (via Zoom).
195. **Abramowitz, J. S.** (2020, May). *Understanding and treating obsessive-compulsive disorder*. Webinar presented to the National Register of Health Service Psychologists. (via Zoom).
196. **Abramowitz, J. S.** (2020, September). *Exposure therapy for fear: The inhibitory learning approach*. Duke University Medical Center Department of Psychiatry and Behavioral Sciences Grand Rounds.
197. **Abramowitz, J. S.**, Jacoby, R. J., & Blakey, S. M. (2020, November). *Desirable difficulties: Optimizing exposure therapy for anxiety through inhibitory learning*. Institute presented at the 54<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies. Philadelphia, PA.
198. **Abramowitz, J. S.** (2020, December). *Understanding and treating obsessive-compulsive disorder*. University of Nevada, Reno, Department of Psychology Paul McReynolds Lecture Series (invited lecture). Reno, Nevada.
199. **Abramowitz, J. S.** (2020, December). *Optimizing exposure therapy for anxiety through inhibitory learning*. University of Nevada, Reno, Department of Psychology Paul McReynolds Lecture Series (invited workshop). Reno, Nevada.

**2021**

200. **Abramowitz, J. S.** (2021, February). *A couples-based approach to the treatment of OCD*. McLean Hospital OCD Programs (invited lecture). Belmont, MA.
201. **Abramowitz, J. S.** (2021, February). *Advances in exposure therapy for fear. Optimizing inhibitory learning*. Grand Rounds presentation to Stanford University Department of Psychiatry.
202. **Abramowitz, J. S.** (2021, September). *Helping families when a loved one refuses help for anxiety*. Workshop presented at Jewish For Good, Durham, NC.

## TEACHING AND MENTORING

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### UNDERGRADUATE COURSES TAUGHT

Abnormal Psychology, UNC-Chapel Hill

Introduction to Clinical Psychology, UNC-Chapel Hill

First Year Seminar: Critical Thinking in Psychology and Beyond, UNC-Chapel Hill

Seminar in Anxiety Disorders, University of Pennsylvania (1999)

### GRADUATE COURSES TAUGHT

Adult Psychopathology, UNC Chapel Hill

Anxiety Disorders Didactic Practicum, UNC Chapel Hill

2<sup>nd</sup> Year Practicum in Clinical Psychology, UNC Chapel Hill

**PSYCHOLOGY TRAINEES MENTORED****Mayo Clinic Postdoctoral Program**

Stephen P. Whiteside, Ph.D.	2001-2003	<b>Present position</b> Assistant Professor, Mayo Clinic
Stephanie Schwartz, Ph.D.	2001-2003	Private Practice, Boca Raton, FL
Brett J. Deacon, Ph.D.	2002-2004	Academic clinical psychologist in Australia
Autumn E. Braddock, Ph.D.	2005-2007	Clinical Psychologist, VA of Los Angeles
Elizabeth L. Moore, Ph.D.	2005-2006	Clinical Psychologist, Institute of Living, Hartford, CT

**Mayo Clinic Pre-Doctoral Practicum Trainees**

Christy A. Nelson, M.A.	2003-2005	<b>Present position</b> Clinical Psych PhD Program (University of Kansas)
Cameron Weaver, M.A.	2004	Clinical Psych PhD Program (S.W. Michigan University)
Lisa Nelson, M.A.,	2005	Clinical Psych PhD Program (University of Wyoming)
Krista Aarneo, M.A.	2005	Therapist, Minneapolis, MN

**University of North Carolina at Chapel Hill  
Clinical Psychology Ph.D. Program**

Michael Wheaton, MA	2007-2013	<b>Present Position</b> Assistant Professor, Barnard College/Columbia University
Brittain Mahaffey, MA	2007-2013	University of Stony Brook, NY
Noah Berman, MA	2008-2013	Assistant Professor, College of the Holy Cross
Laura Fabricant	2009-2014	Brown University Medical Center
Ryan Jane Jacoby	2010-2016	Massachusetts General Hospital
Lillian Reuman	2013-2019	Assistant Professor, Stonehill College, Easton, MA
Shannon Blakey	2014-2019	Postdoctoral fellow, Durham VA
Jennifer Buchholz	2016-present	Predoctoral Intern at Palo Alto VA
Samantha Hellberg	2018-present	UNC Clinical Psychology Graduate Student
Heidi Ojalehto	2019-present	UNC Clinical Psychology Graduate Student
Nicholas Myers	2021-present	UNC Clinical Psychology Graduate Student

## **STUDENT RESEARCH SUPERVISION/TRAINING**

### **Doctoral Dissertation Committees Chaired**

Noah C. Berman (2012)  
Brittain Mahaffey (2012)  
Michael Wheaton (2012)  
Laura E. Fabricant (2014)  
Ryan J. Jacoby (2016)  
Shannon M. Blakey (2018)  
Lillian Reuman (2018)  
Jennifer Buchholz (2021)

### **Masters Thesis Committees Chaired**

Brittain Mahaffey (2009)  
Noah Berman (2009)  
Michael Wheaton (2009)  
Laura Fabricant (2010)  
Ryan Jane Jacoby (2013)  
Lillian Reuman (2015)  
Jennifer Buchholz (2017)  
Samantha N. Hellberg, (2019)  
Heidi Ojalehto (2021)

### **Undergraduate Honors Theses Supervised**

Caleb Pardue (2009-2010)  
Taylor Deaton (2009-2010)  
Lauren Landy (2010-2011)  
Jessica Yarbrow (2010-2011)  
Shannon Blakey (2011-2012)  
Madi Kirch (2011-2012)  
Allie Campbell (2012-2013)  
Heather Clark (2013-2014)  
Robert Graziano (2014-2015)  
Samantha Asofsky (2015-2016)  
Siobhan Shu (2015-2016)  
Saima Akbar (2015-2016)  
Melissa Nance (2016-2017)  
Sarah Jessup (2016-2017)  
Tate Overbey (2017-2018)

Rachel Silver (2018-2019)

Claire Stark (2018-2019)

Emma DeMartino (2020-2021)

## PROFESSIONALS MENTORED AND SUPERVISED

Katherine M. Moore, M.D., Assistant Professor, Mayo Clinic Department of Psychiatry and Psychology, 2001-2006

Sarah Kalsy, M.A., Behavior Therapist, Mayo Clinic Department of Psychiatry and Psychology, 2000-2006

Kristi Dahlmann, M.A., Behavior Therapist, Mayo Clinic Department of Psychiatry and Psychology, 2003-2006

Jill Snuggerud, M.A., Behavior Therapist, Mayo Clinic Department of Psychiatry and Psychology, 2003-2006

Allyson Kane, M.A., Social Worker in private practice, Carrboro, NC

## MEDIA COVERAGE

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Dangers of the perfect holiday. (20 December 2000). *Minnesota Public Radio*.

Drug ads hyping anxiety make some uneasy. (16 July 2001). *The Washington Post*, p. A1

The drill on dental anxiety (March 2002) *Mayo Clinic Health Quest*, p. 8.

Up, up and away: Manage fear of flying (April 2002) *Mayo Clinic Health Quest*, p. 3.

Cutting your clutter (January 2003) *Mayo Clinic Health Quest*, p. 7.

Intimate terrorism: After effects if family violence are far-reaching. (10 February 2003) *Rochester Post Bulletin*, p. 6B

Green thumb stress relief. (June 2003) *Mayo Clinic Health Quest*, p. 5.

When is family therapy needed? (July 2003) *Mayo Clinic Health Quest*, p. 7.

Handling daily anxieties (August 2003) *Mayo Clinic Health Quest*, p. 2.

Fathers struggle with obsessional thoughts over new babies, too (4 September 2003) covered by dozens of print, radio, TV, and WWW outlets worldwide.

Treatment for OCD can provide relief. (30 April 2004) *Rochester Post Bulletin*, p. 4B.

Distressed parents. (June 2004) *Northwest Airlines World Traveler*, p. 50.

Publication educates physicians about anxiety disorders. (July/August 2004) *American Psychological Association Monitor on Psychology*, p. 12.

Primary care paths: Psychologists collaborate with primary care providers in an effort to bolster front-line services. (November 2004) *American Psychological Association Monitor on Psychology*, p. 42.

Obsessive-compulsive disorder (September-November 2004). *Mayo Clinic Medical Edge*, newspaper, radio, and TV spots covered nationally by over 50 affiliates.

Panic attacks and panic disorder (Fall-winter 2004). *Mayo Clinic Medical Edge*, radio spots covered nationally by over 50 affiliates.

Social phobia. (Fall-winter 2004). *Mayo Clinic Medical Edge*, radio spots covered nationally by over 50 affiliates.

Phobias. (Fall-winter 2004). *Mayo Clinic Medical Edge*, radio spots covered nationally by over 50 affiliates.

Generalized anxiety disorder. (Fall-winter 2004). *Mayo Clinic Medical Edge*, radio spots covered nationally by over 50 affiliates.

Confronting fears with therapist works best for compulsions. (14 February 2005). *Rochester Post Bulletin*, p. C1.

Study shows therapy as effective as antidepressants. (6 April 2005). *Minnesota News Network*

There's hope for long-term sufferers of panic disorder. (25 April 2005). *Mayo Clinic Medical Edge* newspaper spots covered nationally by over 50 affiliates.

Therapy to overcome fears helps children with obsessive-compulsive disorder. (3 May 2005). Covered by dozens of print, radio, TV, and WWW outlets across the USA.

Postpartum depression in new fathers (14 June 2005). *CNN*.

Guest on radio talk show *Healthline* (8 October 2005). *KROC-AM 1340, Rochester, MN*.

Guest on radio talk show *Healthline* (4 March 2006). *KROC-AM 1340, Rochester, MN*.

Scary thoughts. (7 March 2006). *Washington Post*, Health section.

Cognitive-behavioral therapy shows promise for children with mental illness. (7 February 2007). *JAMA, Medical News and Perspectives*.

Guest on radio talk show *The State of Things* (28 Feb 2007) *WUNC-FM, 91.5 Durham-Chapel Hill, NC*

OCD traps people in obsessions. (25 September 2007). *The Clarion-Ledger*, Oxford, MS.

Tangled roots of OCD: Can science sort out obsessive-compulsive disorder? (Winter, 2008). *Endeavors Magazine*, UNC Chapel Hill.

How to say "no" to volunteering. (October, 2008) *Good Housekeeping Magazine*.

How to avoid holiday stress. (November 24, 2008) *WCHL-AM, 1360 Chapel Hill, NC*.  
<http://www.wchl1360.com/details.html?id=8703>

Five tips for surviving the holidays. (November 24, 2008). University of North Carolina Health Care Newsroom website and YouTube site.

<http://www.unhealthcare.org/site/newsroom/news/2008/November/holidaytips>

Scrupulosity Disorder. (14 December 2008). *The New York Times Magazine*, New York, NY.

<http://www.nytimes.com/2008/12/14/magazine/14ideas-section3-t-008.html>

Perinatal anxiety: The hidden disorder (May 21, 2009). Syndicated news story picked up and broadcast by 100s of television stations.

[http://www.king5.com/health/stories/NW\\_050709HEK-perinatal-anxiety-LJ.2a470a2.html](http://www.king5.com/health/stories/NW_050709HEK-perinatal-anxiety-LJ.2a470a2.html)

Living with an Anxiety Disorder (24 June 2009). *PsychCentral*, popular website that covers mental health issues.

<http://psychcentral.com/lib/2009/living-with-an-anxiety-disorder/all/1/>

Teacher-student sex cases now reported more. (18 June 2009). *WRAL-TV, Raleigh-Durham, NC*.

<http://www.wral.com/news/local/story/5388838/>

Guest on radio talk show *Here's to your Health* (27 Jun 2009) *WCHL-AM, 1360 Chapel Hill, NC*

Some obsessions, compulsions not part of OCD (13 Aug 2009) *CNNhealth.com*.

<http://www.cnn.com/2009/HEALTH/08/13/obsessive.compulsive.disorder.ocd/index.html>

High anxiety (Nov 2009) *Experience Life Magazine*.

<http://www.experiencelifemag.com/issues/november-2009/health-wellness/high-anxiety.html>

Take a Holiday Time-Out (Dec. 2009) *Women's Day Magazine*.

How OCD are You, Really? (Dec. 2009). *Cosmopolitan Magazine*.

Victim's advocate says many rapes unreported. *Fayetteville (NC) Observer*.

<http://www.fayobserver.com/Articles/2010/01/15/968324>

Anxiety: The new women's health crisis (Sept, 2010). *Glamour Magazine*.

Is it New-Mom Blues or Postpartum Depression? (Sept 2010). *Lifescrypt: Healthy Living for Women*.

[http://www.lifescrypt.com/Health/Conditions/Depression/Baby\\_Blues\\_or\\_Something\\_More\\_Serious.aspx](http://www.lifescrypt.com/Health/Conditions/Depression/Baby_Blues_or_Something_More_Serious.aspx)

Faith and mental health: Religious devotion gone too far (Dec 2010). *The Salt Lake Tribune*.

<http://www.sltrib.com/csp/cms/sites/sltrib/pages/printerfriendly.csp?id=50829074>.

Going up, in a cold sweat: Students with cleithrophobia dread campus' tall buildings (Feb 6, 2011). *The Chapel Hill News*.

<http://www.chapelhillnews.com/2011/02/06/v-print/62294/going-up-in-a-cold-sweat.html>.

Guest on radio talk show "The Psychiatry Show" on Sirius/XM's Doctor Channel (XM Channel 81) (August 16, 2012).

Talk therapy may ease OCD in kids (September 21, 2011). Reuters.

<http://www.reuters.com/article/2011/09/20/us-talk-therapy-ease-ocd-kids-idUSTRE78J62R20110920>.

From worrier to warrior: Avoiding your fears just gives them more power over you. (December 2011).

*Men's Health Magazine*. <http://www.menshealth.com/best-life/worrier-warrior>.

Secondhand health hazards (December 2011). *Women's Health Magazine*.

<http://www.womenshealthmag.com/health/secondhand-health?cat=29800>.

When a sports rivalry can affect your health (February 2012). TV interview on WFMY-TV in Greensboro, NC. <http://www.digtriad.com/video/default.aspx?bctid=1441344811001>.

To find a job, get your space and yourself organized (May 28, 2012). *Raleigh News and Observer*.

<http://www.newsobserver.com/2012/05/26/2086170/an-organized-job-search.html>.

Guest on radio talk show "The Daily Circuit" on Minnesota Public Radio (August 14, 2012).

<http://minnesota.publicradio.org/display/web/2012/08/14/daily-circuit-anxiety/>.

Check the baby! 1 in 10 new moms show signs of OCD, study finds (March 4, 2013). Today.

<http://www.today.com/moms/check-baby-1-10-new-moms-shows-signs-ocd-study-1C8647235>.

Former UNCW pitcher battles crippling anxiety disorder (March 31, 2013). Star News in Wilmington, NC.

<http://www.idnews.com/news/local/former-uncw-pitcher-battles-crippling-anxiety-disorder-1.119827>.

Religious OCD: "I'm going to hell" (May 31, 2014). CNN.com.

<http://www.cnn.com/2014/05/31/health/ocd-scrupulosity-religion/>.

Scrupulosity: A disorder of devotion (July 17, 2014). Interfaith Radio.

[http://interfaithradio.org/Story\\_Details/Scrupulosity\\_a\\_Disorder\\_of\\_Devotion](http://interfaithradio.org/Story_Details/Scrupulosity_a_Disorder_of_Devotion).

Guest on *The Art of Potential* radio show (January 31, 2015). WCHL Chapel Hill, NC.

<http://chapelboro.com/category/wchl/lifestyle-weekly/art-of-potential/>.

Intrusive thoughts: Normal or not? (June 29, 2016). U.S. News and World Report.

<http://health.usnews.com/wellness/articles/2016-06-29/intrusive-thoughts-normal-or-not>.

Do you have relationship OCD? (February 10, 2017). *Healthline News*.

<http://www.healthline.com/health-news/do-you-have-relationship-ocd#2>.

Does online therapy actually work? (March 1, 2017). *The Huffington Post*.

[http://www.huffingtonpost.com/entry/does-online-therapy-actually-work\\_us\\_58af1ffde4b060480e05bd79?h5xmw4jf8vpiizfr](http://www.huffingtonpost.com/entry/does-online-therapy-actually-work_us_58af1ffde4b060480e05bd79?h5xmw4jf8vpiizfr).

Postpartum OCD is real and we need to talk about it. (August 16, 2017). *Self Magazine*.

<https://www.self.com/story/postpartum-ocd-is-real-and-we-need-to-talk-about-it>.

Killer clown breaks box-office records. Why real clowns say they won't see 'It'. (September 8, 2017). *The Durham Herald Sun*. <http://www.heraldsun.com/news/local/counties/durham-county/article172077212.html>.

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